

# Eco-Plogging

Participatory Human Rights Advancement Society (PHRAS) members of IPYG (International Peace Youth Group) affiliated with HWPL (Heavenly Culture, World Peace, Restoration of Light / International NGO) on May 9, 2023 held the 'Eco-Plogging' event twice as a challenge activity to solve environmental problems in Dhaka. The plogging is a compound word between 'plocka upp (In Swedish)', which means “picking up grains” and jogging (In English). It refers to the activity of picking up trash while jogging.

That is why the young people directly participated in this campaign as a part of an environmental clean-up movement.

In order to continue the sustainable campaign, we need more young people to actively engage in activities and the interest of local people.



