



# SRI JOYDIP ASHRAM

GYAN YOGA TRAINING & RESEARCH CENTRE

ANNUAL REPORT  
2020-21

**SRI JOYDIP ASHRAM**  
GYAN YOGA TRAINING & RESEARCH CENTRE

A registered charity under Indian Trust Law 1882  
Approved by Willaayog, Government of India, for it's innovative Yoga Education.  
Exempted from Income Tax under Section 80G of Income Tax Act, 1961

WhatsApp - 8918652609, 9007295256 |  
shakladar@gmail.com, www.srijoydipashram.org

# Message of Managing Trustee



*“Men and worm ,ant and ape, humans and virus , every life matters. The times for exclusive economic man, has ended. A new world requires an inclusive man, to understand how to balance economic priorities with environment and society .”*

*Covid 19 has put last pin in the coffin of Industrialization and economic man.*

*Suddenly we discovered the power of ancient civilizations to live in harmony with nature and society. Welcome to the laboratory of consciousness, in Sri Joydip Ashram Gyan Yoga Training and Research Centre , which aims to be on forefront on consciousness research on Gyan Yoga – wisdom of ancient people and culture, and its application to live a modern life in harmony with nature and society.*

# Mission & Vision & Values Statement



*Our mission is bringing Gyan Yoga Intervention for Sustainable Development Goal “3” – Health & Wellbeing for all.*

*Our Vision is to transform the human race which now operates only with Economic priorities, to a divine race which creates balance between , economy, environment and society and lives a more fulfilling and wiser life.*

*Our core values are based on Transparency , Accountability . Socially and environmentally responsible organization.*

Name of the organisation/ NGO/CSO etc.	Contact details of the functionary  Name, mobile number, and email id.	Name of the State / District / Block / Ward in which your organisation is working	Activities under taken to combat Covid-19 and helping the people	Number of People assisted / helped	Remarks if any
<p>Sri Joydip Ashram Gyan Yoga Training and Research Centre</p> <p>Sri Joydip Chakladar – 9007295256 Email – <a href="mailto:joydip.chakladar@gmail.com">joydip.chakladar@gmail.com</a></p> <p>State – WestBengal District – Purba Burdwan</p>			<p>1. <b>Immunoyoga</b>  Teaching Yoga Techniques for immunity towards Covid19</p>	<p>100 students as beneficiary in Purba Burdwan District</p>	<p>Program Content and Text of Immunoyoga is copyrighted now by Copyright Department, Government of India</p>
			<p>2. <b>Shared Verified</b>  Volunteering on Sharing verified Information from World Health Organisation on Covid 19</p>	<p>10000 people as beneficiary through Social Network</p>	
			<p>3. <b>Digital Health</b> Attending on Digital Health Working Group of World Health Organisation and Implementing Digital Health Investment Guide on building OurHealth1st Project on SDG 3</p>	<p>100 people across the world who attended our Digital health Workshops on Gyan Yoga Intervention for SDG3 Goals.</p>	
			<p>4. <b>India Covid Response Fund</b>  Implementing partner of 'Give India's ICRF</p>	<p>56L Beneficiaries ,220 crores raised , 190 crore disbursed</p>	



Date: 15/03/2021

1. Registration Number	†	<b>L-100355/2021</b>
2. Name, address and nationality of the applicant	†	JOYDIP CHAKRADAR, 93 ITISHATA ROAD, BURDWAN - 3, BURDWAN-713103, INDIAN
3. Nature of the applicant's interest in the copyright of the work	†	AUTHOR
4. Class and description of the work	†	LITERARY/ DRAMATIC WORK
5. Title of the work	†	IMMENOYOGA
6. Language of the work	†	ENGLISH
7. Name, address and nationality of the author and if the author is deceased, date of his decease	†	JOYDIP CHAKRADAR, 93 ITISHATA ROAD, BURDWAN - 3, BURDWAN-713103, INDIAN
8. Whether the work is published or unpublished	†	UNPUBLISHED
9. Year and country of first publication and name, address and nationality of the publisher	†	N.A.
10. Years and countries of subsequent publications, if any, and names, addresses and nationalities of the publishers	†	N.A.
11. Names, addresses and nationalities of the owners of various rights comprising the copyright in the work and the extent of rights held by each, together with particulars of assignments and licences, if any	†	JOYDIP CHAKRADAR, 93 ITISHATA ROAD, BURDWAN - 3, BURDWAN-713103, INDIAN
12. Names, addresses and nationalities of other persons, if any, authorised to assign or licence of rights comprising the copyright	†	JOYDIP CHAKRADAR, 93 ITISHATA ROAD, BURDWAN - 3, BURDWAN-713103, INDIAN
13. If the work is an 'Artistic work', the location of the original work, including name, address and nationality of the person in possession of the work. (In the case of an architectural work, the year of completion of the work should also be shown).	†	N.A.
14. If the work is an 'Artistic work' which is used or capable of being used in relation to any goods or services, the application should include a certification from the Registrar of Trade Marks in terms of the provision in Sub-Section (1) of Section 45 of the Copyright Act	†	N.A.

# Achievements



**1. April–May 2020** Giving Immunoyoga training virtually . Doing “Corona threat : how yoga can help” seminars (Online ) with Krishnapur High School.

**2. June–July–August 2020** Organizing virtual seminars on Covid Response Policy Framework with Global experts, with the support of UN Global Compact, on which Sri Joydip Ashram is a Non Business Participant. 80G and 12AA certification by Income Tax Department , Government of India , for our advocacy work and genuine activities in Covid 19 relief.

**3. Sept 2020–** Volunteering on sharing verified information with WHO, working with Digital Health strategy with World Health Organization Digital Health Forum . Awarded Transparency Award by Guide star India for Two Consecutive Years 2020 and 2021 .

**4. Oct–Dec 2020–** Conducting seminars on Immunoyoga with health professionals, Conducting virtual Seminars with on instruction on Nutrition in Rashtriya Poshan Month, and raising funds for Immunoyoga training for underprivileged students with Give India, along with releasing the Immunoyoga Book in Amazon for boosting immunity through Yoga.

**5. Jan – March 2021 –** Launching Ourhealth1st project for raising awareness on Gyan Yoga Intervention for SDG3. Awarded Copyright for Immunoyoga.

# Awards



## Sri Joydip Ashram Gyan Yoga Training and Research Centre

1. Transparency Award 2020 by Guidestar India.
2. Transparency Award 2021 by Guidestar India

## Sri Joydip Chakladar

1. Personal Excellence Award for his work in 23 years career by CSR times.

# Managing Trustee Report

- ▶ **Objects of Trust in Sri Joydip Ashram Trust Deed and it's fulfillment**

*According to Clause (6) of the Trust Deed the lawful purpose of the Trust is to disseminate Sri Joydip's Teachings , which are in the form of numerous Intellectual property like ( Lifewise, Seven Yoga Habits that can Transform your Life , Creatiyoga ) which are created out of consciousness research in Gyan Yoga , for public welfare and benefit of the beneficiaries who are the students of Sri Joydip Ashram.*

*This year we have added four programs which are Shiva Sutras , Immunoyoga , Yoga for Sleep disorders, Young Minds - Yoga for Young Adults in Covid 19, which further lead to fulfillment of objects of Trust Deed.*





# Management Trustee Report



- ▶ **New Direction on Implementing the Trust Deed**
- ▶ **Aligning to Sustainable Development Goals '3' – “Health and Well being for All”, of UN with the target of 2030 , which has led to better clarity of the Objects of the Trust.**
- ▶ **Advocacy related work on Covid Relief and bringing Gyan Yoga Intervention for Disaster Management & Relief.**
- ▶ **Gyan Yoga Intervention for Health and Well being .**

# Management Trustee Report



## ▶ Benefit and Beneficiary Programs

The Programs which are launched in this year has benefited beneficiaries suffering the ills of Pandemic

Immunoyoga is a major help for 100 beneficiaries on whom majority are “Child and Women” for whom Immunoyoga helped to build Immunity through Yoga.

“Young Minds – Yoga for Young Adults” which was helping Young Adults suffering from depression and anxiety due to Covid 19 lockdown.

“Yoga for Sleep disorders program” was helping people who have sleep disorders due to Covid 19.



# Going Ahead in 2021

## ► Benefit Programs / Officer Bearers

### New Benefit Program

Immunoyoga

Young Minds

Yoga for Sleep disorders

### Office Bearers Announcement

1. Sri Joydip – Managing Trustee
2. Souman Mondal – General Secretary
3. Moumita Nandi Nag – Treasurer
4. Shraboni Chakladar – Cultural Secretary
5. Amey Sangekar – Fundraising Secretary



## Feedback and Call for Action

- ▶ New Suggestion for Improvement
- ▶ How can you contribute to mission
  - Volunteer
  - Donate/ Fundraise
  - Teach
  - Learn
  - Spread Awareness & Become Ambassador



**Auditor's Report**

We have examined the Balance Sheet of Sri Joydip Ashram Gyana Yoga Training and Research Center (Trustee – Joydip Chakladar), PAN – AALTS5026P of 93, Itbhata Road, Burdwan - 713103 (West Bengal) at 31<sup>st</sup> March, 2021 and also annexed Income & Expenditure Account for the year ended on 31<sup>st</sup> March, 2021. These financial statements are the responsibility of the Management. My responsibility is to express an opinion on these financial statements based on the audit.

We have conducted the audit in accordance with auditing with auditing standards generally accepted in India. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. Audit conducted on a test basis, evaluated the overall financial statement presentation and report that-

- A. We have obtained all the information and explanations, which to the best of my knowledge and belief were necessary for the purpose of my audit.
- B. In our opinion proper books of account as required by law have been kept as far as appears from my examination of the books.
- C. The Balance Sheet & Income & Expenditure Account dealt with this report is in agreement with the books of account.
- D. In our opinion and to the best of our information and according to the explanations given to me, the accounts give the information are true and fair view :
  1. In case of Balance Sheet as at 31<sup>st</sup> March, 2021.
  2. In the case of Income & Expenditure Account, for the year ended on 31<sup>st</sup> March, 2021.

For, Sharma Vinayak & Co.  
Chartered Accountant  
Firm Regn. No. 329455E

**vinayak**  
**sharma**

Quality signed by  
Vinayak Sharma  
Date: 2021.04.28  
14:29:04 -0500

Vinayak Sharma  
MRN: 303336  
Place: Kolkata  
Date:  
UDIN:

**Sri Joydip Ashram Gyana Yoga Training and Research Center**

93, Itbhata Road, Burdwan - 713103

**Statement of Assets and Liabilities as on 31st March 2021**

Particulars	Note	As At 31st March, 2021	As At 31st March, 2020
<b>LIABILITIES</b>			
<b>Corpus Funds</b>			
a) Capital	1	-	-
b) Reserves and Surplus	2	(35,064)	-
<b>Current liabilities</b>			
c) Other Current liabilities	3	36,902	-
d) Short Term Provison	4	3,540	3,000
		<b>5,378</b>	<b>3,000</b>
<b>ASSETS</b>			
<b>Fixed Assets</b>			
a) Tangible Assets	5	2,700	3,000
<b>Current Assets</b>			
b) Cash and Cash Equivalents	6	2,678	-
		<b>5,378</b>	<b>3,000</b>

Notes forming part of the Accounts

Additional Notes forming part of Accounts

As per our report of even date attached.

**For Sharma Vinayak & Co**

Chartered Accountants

Firm Regn. No.329455E

vinayak  
sharmaDigitally signed by  
vinayak sharma  
Date: 2021.04.30  
15:04:03 +05'30'**For and on behalf of****VINAYAK SHARMA****MRN 303336****Place: Kolkata**

# Sri Joydip Ashram Gyana Yoga Training and Research Center

93, Itbhata Road, Burdwan - 713103

Income & Expenditure A/C

For the year ended 31st March 2021

Particulars	Note	As At 31st March, 2021	As At 31st March, 2020
Donation	7	56,497	-
Other Income	8	335	22
<b>Total Revenue</b>		<b>56,832</b>	<b>22</b>
<b>Expenses</b>			
Finance Cost	9	258	22
Depreciation	5	300	-
Other Expenses	10	91,338	-
<b>Total Expenses</b>		<b>91,896</b>	<b>22</b>
<b>Excess of Income/Expenses</b>		<b>(35,064)</b>	<b>-</b>
<b>Tax Expenses:</b>			
Tax		-	-
<b>Profit &amp; Loss for the period</b>		<b>(35,064)</b>	<b>-</b>

Notes forming part of the Accounts  
Additional Notes forming part of Accounts  
As per our report of even date attached.

**For Sharma Vinayak & Co**  
Chartered Accountants  
Firm Regn. No.329455E

**For and on behalf of**

vinayak  
sharma  
Digitally signed  
by vinayak  
sharma  
Date: 2021.04.30  
15:04:37 +05'30'

**VINAYAK SHARMA**  
**MRN 303336**