



PEACEFUL MIND COMMUNICATION ENGAGEMENT

10th January 2020

CEO Statement of Continued Support

Dear Secretary General,

With this letter, PMF is pleased for its continued support for the principles of the UN Global Compact with respect to health, environment, safety etc. With this commitment we express our ongoing support to the Global Compact in promoting mental health and wellbeing and communicating our progress to our general public. PMF is a registered trust with a vision to promote mental health and peace across nations where we are established. We engage in collaboration with various stakeholders through our outreach programs and partnerships and develop a need-based model. We will be increasingly innovative in the ways in which we generate ideas, bring people together, communicate our work and increase our influence. PMF exists to have impact on one and all and society irrespective. Our PMF Communication on Engagement (COE) with the United Nations Global Compact, which describes the methods and training platforms we have developed, taken to support the UN Global Compact.

Yours sincerely,

Yours Sincerely

Prof Nabhit Kapur
Founder



Head Office: 149 –Sukhdev Vihar,
New Delhi-110025

9205377639, 9205366506

info@peacefulmind.org
www.peacefulmind.org

Affiliated with-



United Nations
Global Compact



CPS
CENTRE FOR PEACE
STUDIES, SRI LANKA



Global Youth
Mental Health
Forum



Initiated by: PeacefulMind Foundation



PEACEFULMIND
FOUNDATION
FELLOWSHIP

Description of Actions and Measurement of Outcomes

At PMF, our vision and mission drive everything we do, **“to make psychology and mental health a household term”**. This vision is motivated by our commitment to adhering to our core values; high quality; working together; and sustainability. Our most recent strategic plan identified some key challenges that our work seeks to address. 1. Sensitization about mental health perception and awareness 2. Looking for potential stakeholders in society/ individuals to collaborate 3. Ensuring sustainability of the project 4. Being innovative in developing new models to go to grass root levels. We therefore directly support the aims of the UN Global Compact, both through the content of our work and our business practices and are committed to inspiring and catalyzing change to build the society we seek. PMF has an active program of work YOUTH MENTAL HEALTH through the platform of **Global youth mental health forum** and **Open Mic Karaoke** established for all to speak up, share and learn from each other. At a foundation level, PMF has a set of policies to ensure that we support the mental health of all across our workforce and have recently committed to developing a set of key indicators for all under the concept of “Psychological First aid”. We conduct regular workshops, camps, training sessions.

To make psychology a household term”, our foundation is involved in the following:

1. Trainings and Workshops We provide a range of trainings and workshops related to mental health and psychology. Some of the workshops conducted by us are - • Attitude Building • Stress Management • Projective tests like Thematic Apperception Test (T.A.T), Sentence-completion test, House-tree-person test, and Draw-a-person test • Leadership • Anger Management • Graphology/Handwriting Analysis

2. Global Youth Mental Health Forum (GYMHF) The Global Youth Mental Health Forum (GYMHF) is a global platform powered by Peaceful Mind Foundation, based in New Delhi, India. Initiated in 2018 by PMF as "Youth Forum", its mission is cited as "Better Mindscape for Better tomorrow". The forum will focus on youth psychology, child psychology and child mental health amalgamating youths, youth activists, NGO's, psychologists from across nations. The forum will bring together many on the same platform like international political leaders, youth activists, celebrities and journalists etc to discuss the most crucial issues facing the domain of Youth Psychology. The organization also plans to convene yearly meeting in locations across Africa, Asia, and Middle East, with all its regional directors and advisors. Beside meetings, the foundation will produce youth activists in psychological first aid and will engage its members in specific initiatives.

3. Global Academy of Psychological Sciences (GAPS) The following courses are provided by this educational domain • Advance Diploma in Applied Psychology • Diploma in Child Mental Health • Diploma in Psycho-Diagnostic Testing in Behavioral Sciences • Certificate Course in Handwriting Analysis

4. PMF FELLOWSHIPS