



# DHRUVH-SOCIAL AWARENESS FORUM

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In special consultative status with the UN (ECOSOC) since 2017. ( <http://www.dhruvh.org.in/un~ecosoc-special-status.pdf> )

## **ANNUAL REPORT: 2016 (1<sup>st</sup> April)~2017 (31<sup>st</sup> March)**

Our work has been acknowledged by world body and awarded by special consultative status with the UNITED NATIONS Economic and Social Council (ECOSOC).

DHRUVH become a member of United Nations Global Compact and commits to Support the Ten Principles of the UN Global Compact which derived from: the Universal Declaration of Human Rights, the International Labour Organization's Declaration on Fundamental Principles and Rights at Work, the Rio Declaration on Environment and Development, and the United Nations Convention Against Corruption.

This year organization represented itself in various regional, national & international seminars & workshops in health, education, environment, road safety, disaster management, gender equity, save girl child campaign, human rights, Swach Bharat abhiyan, Clean drinking water, Sanitation, etc programs organized by Gol, CII, NASSCOM, Local, National & International bodies as well as various concerning organizations including CSR companies.

We achieved the "Transparency Key" award from "Guide Star India", valid upto December 31<sup>st</sup> 2017.

Our office inspected by "Help Your NGO" and they found everything in order & transparent. We awarded by a symbolic donation.

We participated in donation through payment gateway campaign, organized by "DANAMAJO" and awarded by 2<sup>nd</sup> prize and a matched donation of Rs 1,13,750/-

Awarded by associate membership of Sister Margaret Foundation, Kolkata based PAN Indian organization.

Engage members and staffs for meetings, workshops, communication, networking, participation in competition, , survey, preparation of projects, submission, follow-up etc

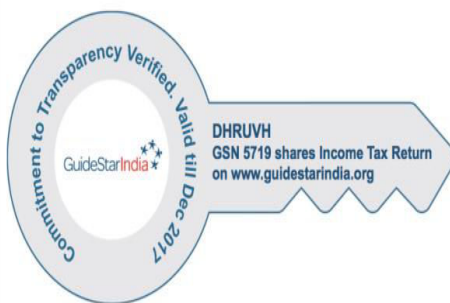
Our organization has been given the honor of Mission Advisor in the program of SAARC member countries for Antarrashtriya Samrasta Manch, with an aim of Global fraternity & Unity, by Office of former Special Advisor, Political & Culture, Government of Nepal.

We are the member of "UNITED NATIONS GLOBAL COMPACT" & partner of their developmental work.

United Nations Nations Unies



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With an aim to restore the peace of mind, satisfaction of any & all disturbed soul, we have started extensive counseling program. Life is a war... Doctors fight disease. Lawyers fight injustice. Teachers fight ignorance. DHRUVH - SOCIAL AWARENESS FORUM fights to prevent one's stress &

inferiority. Our group consisting.... Active Listener, Counselor, Social Worker, Faith-Healer, Dietician, Nurse, Physician, Psychiatrist.....We help to build up your confidence & inner strength to fight again and win the struggle in life. Through.....Yogic exercise ~meditation~ life-style~ counseling~ only listening.....share the feelings ~ lighter the weight of sorrow and sadness.....

In the period of 2016-17 we connected 153 individuals, completed 15 park/open space program explaining the importance of nature friendly behavior and invited by Delhi Police for professional counseling and guidance to manage stress for their personnel, as well as balance family harmony.

Umeed Wellness Center, Saket – a well known de-addiction & detoxification center in South Delhi sponsored the program and our professional expertise was extended towards their addicted inmates, lots of whom get admitted with other complication as well including peptic ulcer, diabetes, high Cholesterol, Hypertension kidney failure, fatty liver, liver cirrhosis, even carcinogenic pancreas, etc.

Last year total indoor beneficiaries' treated/de-addicted & restored in normal life were 71 (age group 22-72.) total outdoor beneficiaries were 1023 (new cases were 633)

Addiction of wide range, from alcohol, ganja, charas, bhang, cannabin, heroine, brown suger, shoe polish, sleeping pill, nerve relaxant, anti spasmodic & opoid drug users, inject able & inhaler substance taker etc and addicted from all over India admitted, including foreigners. Average time for in-house recommended treatment time (both physical & mental) including change of habit, practicing of normal life, increase of will power & taking control of mind for the specific cause is 6 month (shortest time for detoxification is 6 hours and longest one was 9 months 13days). Our success rate is 70.40 (average of last 5 years).

The trainer-supervisor & Director of the center Mr. Gary-a recovering addict himself, working since last 18+yrs to help people recover through his counseling & therapies. After doing discharge from the center we do keep our contact with the person and telephonic support continuing 24X7 hours to enhance his morale & help to control his mind if impatience or influenced by any wrong surroundings or get confused in a particular situation for next year. We all pledge for a DRUG FREE INDIA..... the starting for a DRUG FREE WORLD.....



After group discussion

Individual counseling

Inters in our center

Periodical health check-up

Our organization has signed MoU with OM SAI SWARAHANTRA Pvt. Ltd. and has started the program, "Project LAST-RITE" for promotion and implementation of Improved Wood Based Cremation System – 'Swarahantra - Cremation System', which is wood saver, eco friendly, comparative economical and easy to use with keeping religious ritual in practice, ie Agni Kashtra, Mukhagni, Panch samidha, Kapal kriya, AsthiPuja etc before, during and after burning the dead bodies (cremation process).

'Swarahantra - Cremation System' is from " Swarg Rah Yantra" it means 'A machine, takes Souls to Heaven '.

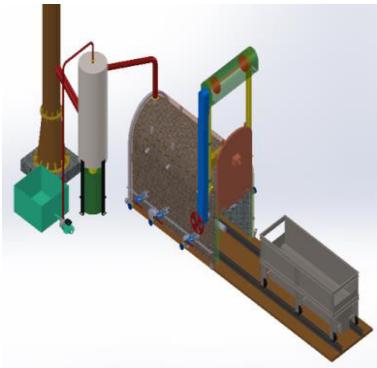
It is Designed in such a way so that maximum heat evolve from the burning of wood is utilized for cremation of the dead body (i.e. Maximum Combustion Efficiency) and air input is as per requirement for complete combustion & controlled so that less Suspended Particles in Flue gas, which help to prevent hazardous air & water pollution.

This year nationwide survey has been done for, 225 corporate & civic body contacted, 132 awareness program done &163 demos performed to show instruments affectivity.

English is the most commonly used language among foreign language speakers. Throughout the world, when people with different languages come together they commonly use English to communicate. Knowing English, the language of science, will make one bilingual and more employable in every country in the world and in domestic market also, regardless the ethnicity, color, cast, creed, religion or background and by opening job prospects it increase the standard of living.

Most of the Indian students especially with under-privileged group, not able to get chance in high-fi English medium school with hefty fee and their home environment also not English learning friendly. In schools a compulsion to learn English for the students, always keeps English as fearful subject for most of the general students, moreover they are not well equipped with the vocabulary, the grammar and different styles of pronunciations. To give a chance to the students & open opportunities to the job seekers from urban & villages, to upgrade the inner sense, develop personality of housewives & common men, enhancing skill to the already in pity job doers we organized Spoken English class-very basic level for the non privileged covering Garhi Village, Prakash Mohalla, Devli village & surroundings area for 9 months time.

We got overwhelming tremendous result and we registered 347 students of following category. Age group 18yr – 40yr ~ 291, Age group 41yr – 50yr ~ 54, More than 51yr ~ 02. Job seekers, ie for sales boys-girls- 249, already in job -55, housewives etc – 43. Educational level – upto 10<sup>th</sup> ~77, 10<sup>th</sup>-12<sup>th</sup> ~ 155, 12<sup>th</sup> –Graduation/above ~15.



|                                |                     |                               |                        |
|--------------------------------|---------------------|-------------------------------|------------------------|
| Swarahantra - Cremation System | Cows eating plastic | Manikandan e' artificial hand | English speaking class |
|--------------------------------|---------------------|-------------------------------|------------------------|

Awareness campaign to use ancient Indian medicine, ie herbal & practice of yoga, meditation etc – a three days camp , in Habra, Kolkata emphasizing on National Integration. The program was initiated, organized & fund generated by S. Kundu.

The open garbage system and its collection process in India is a huge menace to the well-being of stray animals and for the person who involved in this system. To make people aware our staffs and volunteers continued their effort in South west area of Devli, Sangam Vihar, Khan pur etc as mostly low & middle economic, migrated people are there who are trying to cop up with metro culture. Our team made them aware on Global warming, Plantation & nature-friendly life style, and how to segregate (Green-Blue basket for bio-degradable & other wastage ) house-hold wastage to 1,075 families. We distributed hand gloves, shoes etc to 100 rag-pickers and private house hold waste/garbage collectors.

Our aim to segregate the waste according nature which make the waste collectors work smooth and help to save cattle from eating plastic etc. we communicated our concern to the respected MCD wings as well.

Our last year intervention with “MADRASI COLONY” to enhance the total socio-economical status of the local inhibitors is continuing for the successive year, due to highly positive response.

| Problems identified                                   | To get solved what we are doing   | Effect afterward   | This year achievement   |
|---|---|--|---|
| Not to say Hindi properly                             | 1. Teach them Hindi reading-writing.  | Will help them to search alternate livelihood, i.e.  | Class on going  |
| Family violence, Drug, alcohol & substance addiction. | 1. Counsel the girls & women for behavioral change<br>2. Make a SHG<br>3. Formation of committee & peer | Empowered them mentally, socially, economically. Prepare them to get their right & honor at home. Family will become balanced and children will be focused & cared properly. | Peer group formed, now more confident to talk and mingling with local community |

|  |   |   |  |
|--|---|---|--|
|  | group for sustainability.<br>4. arrange mobile repair shop and madrasi food stall etc.  |   |  |
| Children not to go school or school drop-out   | Teach the children of age group 5 to 14, & coordinating with local school to get their admission & continuous follow-up   | Will help them make enrich mentally. They will in future mingle properly with Delhi & delhites.   | Tuition class going on, both parents & children are happy  |
| Health status very poor  | Health camp and health advice – periodically<br>Segregating & make aware for TB, Diabetes, AIDS, Cancer etc   | Preventive measure will be taken & physical better-ness will ensure other wellness.   | Health Camp organized. Advice given in sp. cases.  |
| A number of persons found disable, some congenitally, some due to train accident, which is a routine affair. | Get them examined by orthopedics, physiotherapist, neurologist and other concern specialist.<br>Get them artificial limbs fitted.<br>Get their disable certificates and arrange pension & other facilities. | They will be rehabilitated both physically & economically; they will be independent & stronger emotionally.<br><br>*(Some cases physiotherapy follow up will be needed for a long time) | Already 3 person got their artificial limbs and 4 undergoing physiotherapy. 5 people Helped to get disable certificate & related facilities. |



|             |                                 |                           |
|-------------|---------------------------------|---------------------------|
| Health camp | Children with their arts-crafts | Awareness program session |
|-------------|---------------------------------|---------------------------|

Vocational training on Computer literacy on basic hardware, software and regular utilities of net facilities – a course of 3 months, 2 hours a day & 5days a week Allahabad, UP – total 50 beneficiaries. (Batch of 25 beneficiaries in 2 shifts).

Training program on tailoring & cooking, Ajamgarh, UP – total 87 beneficiaries, widows, divorcees, & differently able.

Massive awareness on cleanliness and preventive measure on Dengu, Chiken gunia, and other seasonal disease. In Belonia, Tripura, direct beneficiaries 5,500 which includes secondary & senior secondary school students

Sporadic awareness campaign for HIV/AIDS, Thalassemia and other blood borne diseases and appeal to general mass for having a blood check up before marriage, as well as given a memorandum to the Delhi Assemble Speaker for making a legislation mandatory blood check up for both brides & grooms before marriage to avoid some dreaded disease to inherited.

Secondary & Higher Secondary level, our team covered South Delhi Government schools – beneficiaries 11,000, In Allahabad UP 4 private schools, beneficiaries 9,000, in Alwar, Rajasthan 10 schools, beneficiaries 19,000.

Old age/senior citizen care for both physiological & pathological including palliative clinic & home service (pilot). To show proper respect towards the seniors we have taken a pilot for their patho-physiological need including the emotional feelings. We've our health expert team to visit the home of a senior citizen, suffering from any pathological problem to offer palliative care and make their care-giver & members of family understand the situation and how to cooperate-coordinate to add quality in the life of the person who is in suffer. Another team equipped with counselor & social worker visit the house of a senior citizen who needs emotional support and other assistance periodically. We arrange their important days to be celebrated, ie marriage day or birthday or remembrance day of any near ones-he or she involved in deep. We do arrange outdoor trips once in a while to overcome the tedious situation of the lives of senior groups.

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