

Continue Medical Education (CME) on Health and Wellness Held in Ditekchera, Dima Hasao ,Assam

Objective:-Two days continue medical education training camp program on health and wellness was organized in Ditekchera ,Dima Hasao district of Assam .The two days camp was organized under the aegis of Kesav Smarak Niyas.

The training camp was organized mainly to give insight knowledge of different ailment afflict among the community and on preventive measures through all stalk holder to bring wellness vis a vis health- wellness and economy as the participants will share the knowledge based on the training among the community in remote village of Harangajao circle.

Overview :-During the continue medical education training camp the participants learned and interacted on needs of first aid, immunization, mother and child care, nutrition, health-hygiene, sanitation, prevention of lifestyle disease, environmental pollution and its effect on health apart mental and spirituality .

On the other hand all the participants were given insight on how to administer IM,IV injection by Dr Viren Naik ,MD (Pharmacologist) Civil Hospital & Government Medical College ,Gujrat. After the training session the participants were also provided Medical kit equipped with first-aid and necessary medicines for common ailments.

The camp was also actively participated by Dr Nirmal Singh, Wellness Coach (Integrative Medicine) and Executive Director of Society for Integrated Rural and Urban Development (SIRUD) , Haflong for sustainability

Date Organized:- 2016

Conclusion:-Mention be made here that a series of continue medical training program is initiated in different parts of the district to update the participants trained under the program last year