

## DHRUVH-SOCIAL AWARENESS FORUM

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This year including donation (both cash & kind), sponsorship, bank interest, and even taking little loan, we expense Rs. 45,07,605/- for social welfare and organize the following programs, spread over Pan India.

To stop Thalassemia AJA RAKTABASTI TREATMENT mentioned in ayurveda thousand of years ago are proving to be useful. By this treatment the interval between successive blood transfusion is found to be increasing along with reducing the level of ferritin in patients' body. Part of the treatment - Punarnavadi Vati & Aja-Ghee already proven helpful for formation of new mature and healthy RBCs. This treatment is authentic, safe, painless and capable to prolonging the duration between successive blood transfusion, resultant less blood transfusion are required and level of ferritin automatically be reduced. Altogether the immune of patient become stronger and the life expectancy increased. Thus it is the only ray of hope - not only in India but also in whole world for patients suffering from Thalassemia major.

We intend to undertake the aim of THALASSEMIA FREE INDIA through the above treatment procedure & on way to pursue this pious endeavor under the guidance & monitoring of: Directorate of Indian System of Medicine and Homeopathy, Health and Family welfare Department, Ministry of Health & Family Welfare, Government of Gujarat.

November 29<sup>th</sup>, Sunday was fixed for the open forum discussion-direction-counseling which was graced by eminent Thalassemia treating professionals from Delhi & other states including Chief monitoring Officer, Thalassemia Specialty Clinics, Gujarat state, on the Issue: "THALASSEMIA - PROCEDURE TO LIVE A COMPERATIVELY HEALTY LIFE" at Krsna Cottage-near Railway Reservation Centre, Karkardooma, Delhi - 110092, the audience presented in the program among the Thalassemia treated doctors, patients' family members, general public and the expert of the new treatment initiators. Everyone was enjoying the scientific explanation and arguments later on by the treating learned physician of ayurveda & modern medicine (allopathic) fraternity on the treatment procedures till each of one present in audience become satisfied with scientific data based analytical explanation.

Now we intend to start the Thalassemia treatment clinic equipped with the above described indigenous formulation of ancient Indian resource to treat the disease in full swing which will be totally free of cost for the beneficiaries.



Dr. Atul, Nodal Officer, Govt.of Gujarat, making audience aware.



Speaker of Delhi Assemble keeping his views on issue of Aja-Raktabasti.



Candle lighting by minors group of thalassemia sufferers.



Vocational training on Computer literacy on basic hardware, software and regular utilities of net facilities - a course of 3 months, 3 hours a day

& 5days a week Allahabad, UP - total 50 beneficiaries. Horticulture training Program, 50 farmers at village Ahiroula, Mirjapur, UP for common & otherwise useful flower & medicinal plants. Vocational training program on tailoring & cooking, for adjacent villages of Ahiroula, UP for 45 destitute women beneficiaries.

Global warming, Plantation & nature-friendly life style, waste management, systemic segregation & cleanliness program for fortnight was organized in Nimta municipal area during September 16<sup>th</sup> to 30<sup>th</sup> where local people took part with high enthusiasm. The regular road show on HIV/AIDS etc at local rail station also a center of huge gathering for the train travelers and passersby.



Babita in own shop at home, after training



Internal view of computer lab, Allahabad, UP



Health check-up, awareness on STDs & other ds.

Malaria, Kala-azar, Pediatric diarrhea, Cholera & other water borne disease including hygiene habit ie hand wash etc ~Data collection, Preventive awareness, treatment & referral program for the locals and National integration, Yoga & sports program was held in Belonia area of Tripura. Where people from all strata of society participated including local leaders, social workers and religious personalities.

Various villages in Alwar & Bansur Tehsil of Alwar District in Rajasthan- Family Counseling (on pre-marital, parents of school dropout, family violence, de-addiction, way of better adjustment - family empowerment) & legal empowerment, total beneficiaries number reach 2022.

Tuition Center for under privileged children, at Jalvihar, New Delhi, where various skill development competition use to take place regularly.

Empowerment of specially able children & adult empowerment, Distribution of Cloths and shoes in Madrasi Colony, function organized on Independence day Celebration occasion at JV., ND. All our program eyeing to mainstream of madrasi colony, jal vihar, a habitant of nearly 15,000 people, who use to feel them culturally & linguistically isolated even staying within the heart of Delhi



Health attended course for low literate underprivileged girls, at Garhi & Prakash Mohalla, EoK, New Delhi, the number reached only 5, as this is the first time we took the initiative like this to economically empower the little literate house wife who are working as maid in neighboring kothis.

Waste picking system demonstration & health awareness, Khanpur-Sangam Vihar belt from September to December, 53 programs and 178 beneficiaries.

Handicrafts training, goods making & marketing for tribals / local village inhabitants of Tripura & Assam, we are still in searching of a market.



Entrepreneurship & Networking with other groups for various burning issues of societies including save girl child (beti bachao), education for all, women empowerment, Swach Bharat (Clean India), Clean drinking water & sustainable sanitations etc.

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