

PROFESSIONALS FOR HUMANITY (PROFOH)

Medical. Water. Education

NEWSLETTER
Second Quarter 2017

Inc. / Germany, Ghana, Ireland ,Nepal, Nigeria, South Africa, USA www.profohmed.org

"You are your most precious resource."

Brian Tracy

About us Professionals for Humanity (PROFOH), is a global non-profit, medical and social humanitarian organization with its headquarters in Texas, under the 501 status in the United States that is also incorporated in Germany, Ghana, Ireland, Nepal, Nigeria and South Africa. It has presence in Egypt, Brazil, Sweden, Serbia, Ivory Coast, Honduras, DR Congo, Benin, Liberia, Cameroon and the United Kingdom.

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Our members form a global group of citizens committed to providing quality health care, education and water and take action to reduce poverty. Our membership currently consists over 5000 members from over 12 countries & territories please join us today!!!!

April. - Brian Camazine Second Medical Mission to NCH Nigeria Continued





Photo: A patient from April Mission with a plexiform ameloblastoma

Dr. Brian Camazine third mission in 2017 at the Nigerian Christian Hospital (NCH), Aba, Nigeria was rolled over as stated in the previous Newsletter from March to April. The, mission lasted was almost five weeks, beginning from 20th March until April. The first of day of April six bold surgeries were performed:

- 1 Excision pedunculated, prolapsing fibroid
- 1 Excision giant recurrent intraoral lesion
- 1 Splenectomy for tropical splenomegally
- 1 Total thyroidectomy for recurrent goiter
- 1 Breast biopsy
- 1 Total thyroidectomy for giant goiter

By the time the mission was over last week of April **,143** difficult surgeries were performed, next mission has been scheduled for Mav/June.

April: - World Health Day on April 7,- PROFOH worried about type 2 diabetes in Africa



Photo: Dr .Margaret Chan, outgoing WHO Director General

Over the years, we have seen quadruped cases in diabetes during our regular medical mission across Africa —especially the type 2 diabetes -is a long-term condition characterised by insulin resistance. Patients can manage their diabetes with medication and diet, but the disease is often life-long and is a major cause of blindness, kidney failure, heart attacks, stroke and lower limb amputation."Obesity is the most important risk factor for type 2 diabetes and our attempts to control rising rates of obesity have so far not proved successful," Even in some of the tired communities where our organization work, we have seen several obsessed people, we hereby call on individual groups and governments to ensure that people are able to make these healthy choices and that health systems are able to diagnose and treat people with diabetes."The study found that northwestern Europe has the lowest rates of diabetes among women and men, with age-adjusted prevalence lower than 4 percent among women and at around 5 to 6 percent among men in Switzerland, Austria, Denmark, Belgium and the Netherlands.No country saw any meaningful decrease in diabetes prevalence, the report found.The largest increases in diabetes rates were in Pacific island nations, followed by the Middle East and North Africa, in countries like Egypt, Jordan and Saudi Arabia.The data also showed that half of adults with diabetes in 2014 lived in five countries - China, India, the United States Brazil and Indonesia. Rates more than doubled for men in India and China between 1980 and 2014

April: Dr. Mostafa Sabra Mission in Egypt

The Egypt mission was organized and conducted by Dr. Mostafa Sabra ,an assistant professor on faculty-periodically he organize Screening for visual defects in school children at Siwa Oasis Western Desert, rural Egypt where cataracts cases is widespread. Dr Sabra is also a director with our partner organization, Social Leaders Society of Egypt. He is a highly talented ophthalmologist. He and his team which include Dr. Kadoum have long standing experience in these rural medical missions.



Photo: Egypt medical mission screening for visual defects

April: Imo State Nigeria Medical Mission



Photo: PROFOH medical team during the Imo state Medical Mission

The mission was a collaborative work between ACUSA and PROFOH it turned out as predicted, it was massive intervention program as people came from neighbouring states like Rivers, Cross River, Akwa Ibom, Ebonyi, Abia ,Enugu, etc, The mission was professionally ran by the leadership after the initial hiccups, six departments was created due to the size of the mission with Head of Department (HOD)

Surgical: –8 surgeons in three operating rooms in two locations, at the village health centre and Owerri with support staff and nurses, they were able to perform 160 surgeries and the third was Located at Imo foundation

Clinical: – 14 doctors consulted and treated patients they saw over 1000 patients daily with the support of 16 Nurses who took vital signs and prepared them for the doctors

Laboratory: 10 scientists and also 4 others for ophthalmic cases, they were able to ran quick test with kit, however at Imo foundation venue, the lab was well established

Pharmacy: 10 Pharmacists took care of the prescriptions; however it was over whelming for them as they could not cope with high numbers of patients, later back up pharmacists were called in to support them

Counselling: 4 counsellors including a Catholic revered sister that was also from the community, it was very interesting to hear of the myths associated with healthcare and counselled the patients, even the educated members of the community were not left out, this department work also included the education of patients on personal hygiene.

Administration: 6 administrators took care of this huge department that include welfare of the entire team, daily logistics requirements, security and personal guard system, etc, they did credible job, sometimes coordinating both locations at same time.

The Imo medical mission identified series of conditions that demand immediate care both surgical and clinical. The medical team is of the opinion that partial blindness and cataracts are almost near epidemic of total or partial blindness in these community including roof top BP, we could only starch the surface of identified ailments due time factor, However we succeeded in performing 165 surgeries and about 10,000 clinical patients treated.

May: PROFOH South Africa Congratulates Doctors for Penis Transplant



Photo: Team of South African Doctors inside the operating room

PROFOH South Africa issued a statement that congratulated a team doctors from Stellenbosch University and the Tygerberg Academic Hospital both near Cape Town. this is the second time such operation is performed in the world. The recipient name was withheld for ethical reasons; he is a 40 year-old male who had lost his penis seventeen years ago due to complications after a traditional circumcision. After the surgery, he did remarkably well as there are no signs of rejection and all the reconnected structures heal well. The intensive and marathon operation lasted almost ten hours at the Tygerberg Hospital. The patient is expected to regain all unitary and reproductive functions of the organ within six months of the transplant. The operation was described as a remarkable ground breaking procedure which is a testimony to the high level of skill that exists in the public health sector in South Africa. The world's first successful penile transplant was also performed by same team and Hospital December 11, 2014, that patients is doing extremely well both

physically and mentally, He is living a normal life, his unitary and sexual functions have returned to normal and have virtually forgotten that he had transplant less than three years ago. Penile Mutilation is more common in South Africa than elsewhere in the world due to complications of circumcisions performed as part of traditional rite of passage to manhood on young men. Experts estimate that as many as 250 partial and total amputations of penis take place country wide every year. PROFOH has seen four patients within this year on penis amputations.

May: Dr. Mostafa Sabra Second Mission in Egypt



Photo: Dr. Sabra presenting of medical glasses to schools kids.

Lately, PROFOH have seen increase in numbers of blind or partially blind patients, we are very worried, and blindness is the inability to see anything, even light. If you're partially blind, you have limited vision. For example, you may have blurry vision or the inability to distinguish the shapes of objects. Complete blindness means that you can't see at all and are in total darkness. Legal blindness refers to vision that's highly compromised. What a person with healthy eyes can see from 200 feet away a legally blind person can see only from 20 feet away Please advise patients to seek medical attention right away if they suddenly lose the ability to see, a family or friend should bring the patient to the emergency room for treatment. Don't wait for your vision to return. Depending on the cause of your blindness, immediate treatment may increase your chances of restoring your vision. Treatment may involve surgery or medical. To this end, PROFOH Board is grateful to our very own assistant Professor, Mostafa Sabra for the wonderful work he is doing in Egypt, discussion is on going on ways to support Dr. Sabra efforts and also have in our international medical missions.

May-PROFOH congratulates new WHO Director-General

24 May 2017 – Geneva, Switzerland – WHO Member States elected <u>Dr Tedros Adhanom Ghebreyesus</u> to serve as its next Director-General. For the first time in its history, its new Director-General was elected through a direct, but secret vote at the World Health Assembly. This election was exceptional, both procedurally but also politically as WHO Member States made one of the most critical appointments for current global health agenda, affecting the seven billion people in the world. Dr Tedros served as Ethiopia's health minister from 2005 to 2012 and is credited for innovative reforms to the health delivery system of a resource-poor country. Later on, he was appointed minister of foreign affairs from 2012-2016, a position which give him valuable diplomatic experience. Dr Tedros has also previously served as Chair of the Global Fund Board, Chair of the Programme Coordinating Board for UNAIDS, Chair of the Roll Back Malaria Partnership.



Photo: Dr Tedros Adhanom Ghebreyesus WHO Director General

Dr Tedros emphasized his experience as Ethiopia's health minister, overseeing the expansion of basic health services across the country. In six years, he oversaw the building of more than 16,000 health posts, 3,000 health centers, and deployed more than 40,000 female health extension workers. This innovative work done under his leadership was further supported by several of the Stop TB Partnership's TB REACH initiative's work in accelerating active case finding in Ethiopia. As Minister of Foreign Affairs, he led the effort to negotiate the Addis Ababa Action Agenda, in which 193 countries committed to the financing necessary to achieve the Sustainable Development Goals Dr Tedros has also promised that transparency will be at the heart of the WHO once he takes charge. Dr Tedros will start his new term on 1 July 2017 Dr. Tedros, of Ethiopia; will begin his five-year term on 1 July 2017

May.-June Brian Camazine third Medical Mission to NCH Nigeria



Photo: Dr. Brian Camazine at NCH Abia State Nigeria.

Dr. Brian Camazine arrived at the Nigeria Christian Hospital at Onicha Ngwa village on the 25 May 2017 and commenced surgery immediately. He and his team performed surgeries: 1. Orchiectomy for prostate cancer 2. Laparotomy for bowel obstruction, According to Camazine The laparotomy patient had very unusual findings. The bowel was all matted together and there was a coating over the bowel. I don't now if this is carcinomatosis or possibly intraabdominal tuberculosis. The bowel looked like the following which is another case of intraabdominal TB. Hopefully it is TB and not carcinomatosis; next cases were two total thyroidectomies for goitres-one appeared to be cancerous. It might interest members to know that diarrhoea is no respecter of a professor of surgery for that matter as got a complete dose of diarrhoea in the middle of the medical mission. By the time the mission was over June 25, Over 130 surgeries performed I4 patients some of them are carried over cases, (some of whom did not have enough time to get prepared for surgery), have been lined up for medical mission very likely to be in August ,the cases includes 2 giant goiters, 4 toxic goiters, 1 enterocutaneous fistula, 1 cleft lip/palate, 1 leg with recurrent massive edema, 1 neurofibromatosis of the face, 1 burn contracture of the shoulder, 1 rectal cancer, and 1 recurrent ovarian cancer.

June. - Meet Our New Board Member



Photo: Ms. Camillie Bradshaw PROFOH Board Member

Ms. Camillie Bradshaw is our newest Board member, for almost twenty years she has given her all to the service of humanity, the last two years this great woman has served humanity through PROFOH platform. In addition to serving PROFOH she is also the Co –founder and director of Jan Haven non profit organization working in the United States and Caribbean. Jans Haven is PROFOH strategic partner. Ms .Bradshaw researches health delivery issues, manpower support, Nursing Education, etc. She is committed to ensuring that membership and impact of both organizations felt in developing countries. It is for this reason that she is also a big advocate of global medical interventions starting from the Caribbean and Africa, over the years she has contributed tremendously to Nursing profession development.

Ms. Bradshaw is currently mobilising a lot of resources and fund raising efforts to ensure the Haiti medical mission in September is successful. Ms. Bradshaw has the capacity, vision and experience for her roles. she is regarded by some as PROFOH official Ambassador to the Caribbean. It's clear that she takes his role extremely serious. For her it is more than just a periodic medical intervention, It's about the commitment of the people, training of medical personnel education and empowerment.

Details will be available on our 2017 Annual Report in December

June -PROFOH USA Commends the American People on Charitable Donations



Photo: Map of America's 50 states

American individuals, estates, foundations and corporations contributed an estimated \$390.05 billion to U.S. charities in 2016, according to *Giving USA 2017: The Annual Report on Philanthropy for the Year 2016*, Total giving rose 2.7 percent in current dollars (1.4 percent adjusted for inflation) from the revised estimate of \$379.89 billion The source of the report is. Giving USA, the longest-running and most comprehensive report of its kind in America, is published by Giving USA Foundation, a public service initiative of The Giving Institute. It is researched and written by the Indiana University Lilly Family School of Philanthropy. Charitable giving from individuals, foundations and corporations all increased in 2016, while gifts by estates decreased sharply. Giving to all nine major categories of recipient organizations grew, making 2016 just the sixth time in the past 40 years that this has occurred. The nine categories are religion; education; human services; giving to foundations; health; public-society benefit; arts, culture and humanities; international affairs; and environment and animals. The rise in total giving was spurred largely by giving from individuals, which increased nearly 4 percent in 2016. The Numbers for 2016 Charitable Giving by Source:

Giving by individuals totaled an estimated \$281.86 billion, rising 3.9 percent (2.6 percent adjusted for inflation) in 2016. Giving by foundations increased 3.5 percent (2.2 percent adjusted for inflation) to an estimated \$59.28 billion in 2016. Data on foundation giving are provided by Foundation Center..

June: PROFOH will participate at African-Japan Development Conference



Photo: Map of Africa's 54 independent countries

6th Tokyo International Conference on African Development will be held in Laico Regency Hotel Nairobi, Kenya on 27th and 28thAugust. This will be the first TICAD which is hosted in Africa. Japan Citizen's Network for TICAD (Afri-Can) has been working hard in order to make TICAD truly meaningful for the citizens of Africa through networking with civil society in Africa, participation in TICAD process including the TICAD VI Preparatory Ministerial Meeting, and advocacy for the TICAD VI outcome documents. The members of Afri-Can will join the TICAD VI with the members of civil society in Africa, and will host the series of side events as well as the booth at Japan Fair in order to deliver the voices of citizens of Africa and Japan to TICAD VI. Tokyo International Conference on African Development (TICAD) has become a major platform through which Japan and African nations, as well as international stakeholders including civil society, can collaborate to promote Africa's development.

Afri-Can is an umbrella network which consists of not only Japanese CSOs but also African civil society, has been working hard to make TICAD truly meaningful for the citizens of Africa through networking with civil society in Africa, participation in TICAD process including the TICAD VI Preparatory Ministerial Meeting, and advocacy for the TICAD VI outcome documents. Afri-Can also participate in a session which the Government of Japan organized and there was an African CSO representative participated in the meeting. The Meetings also offered an opportunity for civil society organizations to share their views to further collaborate with international organizations.





Photo: Photo: Dr. Quartemont and his team during surgery in Kaduna

Dr. Quartemont, Dr. Fan, Brianna Mize, and Brian Sicner arrived in Nigeria 26 June for a 3-week medical mission trip. They have seen 151 patients already in Gboko, Benue State and moved to Uyo, Akwa Ibom and Port Harcourt, Rivers state, currently the team is in Kaduna. Details of this mission will be on our subsequent newsletter.

INVITATIONS, UPDATES & EVENTS

PROFOH-CORDIALLY INVITED- Our organization is an international player. Accordingly, we have received several invitations this year. These are some of them within the year. Members are encouraged to attend/participate in some of these high profile meetings and gatherings.

DONATE-PROFOH funds raising for Haiti Medical Mission for Sept, 2017 is on-going in the United States. We need your prayers. For details contact our Executive Board member Ms. Camillie Brawshaw or Orson Nurse by email: info@profohmed.org

Proposed PROFOH/Jan Haven Medical Missions

Medical Mission- Aug/Sept. 2017. Port Harcourt,-Nigeria Medical Mission- Aug/Sept 2017. Jigawa-Nigeria Medical Mission-Sept 2017, Port de Prince, Haïti Medical Mission-Oct. 2017, Accra, Ghana Medical Mission-Q4 2017, Kingston, Jamaica Medical Mission-Q1 2018, Port Harcourt, Nigeria Medical Mission-Q2 2018, Colombo, Sri Lanka Medical Mission-Q3 2018, Freetown, Sierra Lone Medical Mission-Q4 2018, Juba, South Sudan Medical Mission-Q1 2019, Port Harcourt, Nigeria Medical Mission-Q2 2019, Katmandu, Nepal Medical Mission-Q3 2019, Kogi, Nigeria, Medical Mission-Q4 2019 Komowho, Ghana

Invitations/Observers

- 1. Funding Development Conference, 10 July 2017, 99 City Road Conference Centre London, UK
- 2. 10th Conference of the Africa Union Africa Region 10 -13 July 2017, Accra Ghana
- 3. First Africa China World Bank Education Partnership Forum: Higher Education, Science and Technology 10 -13 July 2017, July 10-15, 2017Beijing/Shanghai China
- 4. Partnership Exchange 17 July 2017 New York City, United States.
- 5. 7th PRME Assembly, 18-19 July 2017, New York City, United States.
- 6. 26th Global Citizenship Conference, 13--19th August, 2017 Accra Ghana
- 7. National Trade Conference and Exhibition 23-25th August, 2017 Abuja, Nigeria
- 8. CEO Water Mandate Working Conference- 27-31th August, 2017 Stockholm, Sweden
- 9. UN Global Compact Leaders Summit 2017 21 Sept 2017 (New York) United States
- 10. 48th Union World Conference on Lung Health, 11-14 October 2017, Guadalajara, Mexico

APPRECIATION - PROFOH STRATEGIC PARTNERS

- 1. Jans Haven, for the upcoming funds raising efforts in New NY,CA, Miami for Haiti medical mission
- 2. State Clinical Translational Scientific Research for building formidable networks.
- 3. Earthwide Surgical Foundation, for performing about 450 bold surgeries this year alone.
- 4. Medical Mission International for the on-going, Gboko, Uyo and Kaduna Medical Mission-Nigeria

INDIVIDUALS

- 1. Dr. Liang for coordinating efforts with Ghana Ministry of Health for next Ghana mission
- 2. Princess Ronke for coordinating with several commissioners of health in Northern Nigeria
- 3. Dr. Sabra for just concluded mission and coordination PROFOH activities in Egypt
- 4. Prof. Gbanaador for his leadership and coordination in the United states
- 5. Ms. Singh for her efforts in Kathmandu, Nepal
- 6. Ms. Sandberg for her efforts to get PROFOH on her feet in Sweden.
- 7. Ms. Brawshaw for her efforts on the Haiti and Jamaica and missions
- 8. Mr. Nurse for putting coalitions of the willing to expand health care to the Caribbean
- 9. All 17 new members who signed to serve humanity through PROFOH.

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