

## **LETTER OF COMMITMENT**

With this letter I, Dr. Randa Rizk in my capacity as legal representative of Future University (FUE) hereby declare that we support and commit to the UN Global Compact's Tenth Principle.

In particular, Future University (FUE) commits itself to:

- Take an active role as a member of the UN Global Compact;
- Provide information in a timely fashion during all the stages of the FUE phase;
- Implement the Global Compact principles in each four issue areas (human rights, labour, and environment, anti-corruption).

### **The Student Life Department**

The Student Life Department's (SLD's) ultimate goal is to meet the extracurricular needs and interests of the students of Future University in Egypt. With this end in mind, SLD services are an essential function in the lives of university students, the Department's offerings complement the academic student life with social, cultural, artistic and sports activities. SLD is devoted to help students realize their aspirations, uncover and/or develop their talents, enrich their university experience as well as provide guidance in a friendly and enjoyable atmosphere that stimulates student creativity and fulfillment. In a nutshell, SLD enriches the University Student Life Experience.

Structurally, SLD is headed by a director under whom there exists four sections, namely, the Arts Section, the Cultural Section, the Sports Section and the Social Section. In its capacity, SLD interacts with a broad scope of students in terms of the activities offered by the four mentioned Sections. To successfully carry out its roles and responsibilities, the members of each Section assume different tasks, namely, Planners, Organizers as well as Supervisors on the one hand and Implementers on the other hand. Furthermore, each Section includes at least two clubs, the function of each club is to provide training and/or practice in a particular skill. Additionally, whereas all Sections have Clubs, the Artistic Section also has Fine Arts Workshops.

## **The Artistic Section**

The Artistic Section is committed to developing student talent and interest in art. Moreover, the Section aims at providing talented students with the opportunity to express and develop their artistic tendencies. The clubs under the 'Artistic' Section aim to find a place for the myriad talents exhibited by students, and provide the chance to enrich themselves by interacting with fellow students. The Artistic Section provides facilities, equipment, tools, experiences and opportunities in the activities they offer. They will help you understand and develop the role of art in your life and learn to appreciate how art relates to culture and life itself.

## **The Fine Arts Workshops**

A Fine Arts Workshop is annually offered and led by a renowned artist in the given talent. The purpose of the workshop is to develop talent and allow together enriching each other through cooperation and friendly competition.

Additionally, both on and off-campus exhibitions and events are hosted to provide artistic students with the fully rounded experience.

Moreover, the University organizes seminars and events to honor accomplished artists in various fields and provide the talented students with the opportunity to interact with these artists.

### **Fine Arts Workshop:**

The Fine Arts Workshop, led by professional artists, comprises a variety of talents; interested students are grouped according to their interests and artistic tendencies. Upon completion of the Workshop, a three-day Bazaar of the workshop products is held on-campus. The Workshop includes the following arts and crafts:

### **Ceramic Art Workshop**

The general theme of the workshop is Egyptian symbols which are used freely by students in their creative productions of ceramic objects. The construction may be achieved by the shaping of multiple forms such as layers, ropes, pieces, small units as well as the use of seals in the production of ceramic sculptures of persons or living organisms and decorative shapes.

Artist Ossama Imam

### **Graphics and Instillation Art Workshop**

In an attempt to revive the old memories of beautiful objects found in our houses of old, the workshop trainees painted the old doors with the purpose of training them on the use of colors and the relationships among different colors in popular artwork.

Artist Abdel Wahab Abdel Mohsen

### **Caricature and Comics Workshop**

The workshop focuses on the popular social life of Egypt, through the monitoring of everyday scenes and stories that frequently occur on a daily basis in our lives. Examples of these are the various vendors, kushary wagon and sweet potatoes salesmen roaming the streets. To capture these scenes, careful concentration on details is required.

A clever artist is capable of going beyond the rendering of the scenic details including objects, persona and movement, but also relying the emotion characteristic of the street and ally to a point of almost smelling the incense and scents of such places.

Artist Yasser Geassa

### **The Art of Portraiture & Oil Painting Workshop**

The human being is considered the most important element in the universe; he is the subject of many disciplines such as history, geography, philosophy and the different types of art. As a subject of different types of art work, handling the human being is considered both difficult and challenging. The workshop provided a wealth of artistic values for the students during my stay. This was carried out by the selection of the most difficult topic, namely, 'the human face', using

the most challenging painting options, namely, 'oil paint'. A number of talented students produced admirable art pieces.

Artist Waleed Ebeid

### **Wiring Art Workshop**

The workshop focuses on the development of imagination and creativity by using wires of different diameters to form 3D skinny and involving the configuration and/or installation of objects in a space.

### **Handcraft, Leather Products and Jewelry Workshop**

The idea of this workshop is based on the use of material found in our environment. Examples of such material are leather, wood and metals in addition to artifacts from our heritage such as fashion and its accessories. The intent was that the art productions be inspired by different formations and constructions made out of raw material and artwork of daily life; this was also coupled by emphasizing the use of popular Egyptian heritage as a source of inspiration in the production of decorative art, methods of formation and the modern uses of artifacts.

Artist Ashraf Abdel Kader

### **Photography Workshop**

The workshop highlights the importance of photography as a medium for story-telling. Moreover, it highlights the value and role of the photographer in the photoshoots he takes. Value is placed on the development of the photographer's sensitivity emphasizing the importance of the ability to capture the feelings of the subject/s in a photograph.

Artist Ahmed Abdel Kareem

### **Photography and Instillation Workshop**

The workshop highlights the importance of symbols and signs as a means of communication between people and Egypt. Moreover, the artist emphasizes the role Egypt has played as a source of symbols and signs that exceeded the country's boundaries to reach international horizons. Examples of these are the key of life, the cross and the crescent that have positively impacted the Egyptian people and have also developed the students' taste and ability for appreciation and the special productions they came up with.

Artist Ahmed Abdel Kareem

### **Folklore Workshop**

The workshop is based on the making of ideas, how to think of a painting outside the box and how to interpret folklore in a new light.

Artist Mohamed Abdel Hady

### **Woodcraft Workshop**

The workshop is based on the idea of developing the students' ability to produce models and art forms of birds and animals, wooden statues and different types of forms related to handcraft.

Artist Ahmed Mohamed Aly

### **Collage and Assembly Workshop**

The workshop focuses on the discovery of the aesthetic relationships among different raw materials and employing them in productions that reflect elements characteristic of the motifs found in Islamic heritage, materials used included wooden decorations or pieces of old windows. The selection of material is accompanied by coloring the surfaces using different types of colors. This technique provides the students with a greater chance of experimentation

and discovery. The workshop was based on a teamwork approach with each team member responsible for a certain role. The approach allowed everyone to cooperate, discuss and express his/her views to arrive at a work of art that presents an overall expression of the team's vision and bears values and aesthetic meanings inspired by the genuine Egyptian Folklore.

### **Recycling and Decoupage Workshop**

The workshop is based on the idea of recycling any old and available objects such as doors, telephones, televisions, scrap etc.... and reforming them into new objects that may be used in new artistic productions. To achieve the goals of the workshop, the students rely on their imagination and use their creativity.

Artist Mohamed Abdallah

### **Sculpture Workshop**

This year's workshop is based on recycling raw iron to produce artistic sculptures. Students used a variety of recycled material, characterized by its durability, long lifespan and its ability for absorbing colors; these materials were used to produce their sculptures which allowed for student creativity.

Artist Islam Ebada

### **Pastel Artwork and Mixed Media Workshop**

The workshop deals with the use of pastel chalk colors as well as other types of pastels; in addition to combining soft pastel colors with other coloring products such as water-based paint colors, acrylic colors and oil; canvas and treated wood are used to draw on. Free expression of thought and encouraging students' flights of imagination were expressed in their productions.

The workshop started by drawing sketches that are products of the students' imagination reflecting their tastes and expressing their interests. Then students searched for different sources that would serve their ideas of mixing raw material with other media.

Artist Mohamed Khedr

### **Drawing on Rocks and Stones Workshop**

The idea of this workshop revolves around the use of colors to change the look and feel of rocks and stones making them into artistic and aesthetic productions. Moreover, teaching students learn how to paint on different types of surfaces.

Student Artists

### **Calligraphy Workshop**

This workshop develops the students' calligraphic ability, their capability to analyze Arabic letters into small parts; moreover, students are trained on how write separate letters as well as how to form a work of calligraphy.

Artist Mohamed Abdelaziz

### **Mosaic Workshop**

The idea of this workshop is to use mosaic in large-space art productions simulating internationally renowned paintings.

Artist Mohamed Banawy

### **Arket Workshop**

The idea of this workshop to teach students how to form wood according to the requested drawing shapes by following specific standards designed to remove them in beautiful art forms.

Student of the Faculty of Engineering and Information Technology

### **Artistic Clubs**

Apart from the Fine Arts Workshops, the following Clubs fall under the Artistic Section:

Note: all of artistic clubs participate in the annual artistic festival that held in the opera every year with their work that they done in the annual fine art workshop.

### **Black and White Club**

One can create magnificent art pieces in the magical world of black and white art with the manipulation of lines, light, shadow as well as the technique of adding depth through shades and textures. The simplicity of using just two colors creates a certain realistic appeal and is considered an art in itself where charcoal, carbon and ink pens are employed for the black and white art productions whether they pertain to modern or classic art styles.

### **Portrait Club**

For the gifted and professionals, this club appeals to those students interested in learning the basics of using oil paints and water-colors for the arts of painting portraits and natural scenery. Being able to capture in paint the likeness of a human face on canvas is certainly a sought after accomplishment for many young painters. It can also be something of a challenge and is a skill that takes years to master.

Besides the technical skills needed to paint portraits, the portrait painter needs to bring out the subject's personality. The main reason a person wants a portrait painted is to present a striking image to the world. Portraits take many forms: photographs, caricatures, drawings, and



paintings, self-portraits, group portraits, portraits of a person sitting staring out from the frame and portraits which go to extreme lengths to show the subject's personality, and sometimes to show movement. But one thing is common in all portraits: they attempt to show something about someone. Whether a straightforward view of a face or a more complex image, showing the entire character of the individual, all portraits try to include someone's inner and external likeness.

### **Photographers Club**

Since 2010, Future University in Egypt (FUE) has been in the forefront of showcasing the best students have to offer in Photography.

Held in the prestigious Cairo Opera House, The annual Exhibition of Photography has been impactful on the photographic Scene. For 7 consecutive years, each exhibition, with its own theme has reflected the diversity of photographic styles .Mr. Khaled Azazy, Chairman of the board, FUE, has been a strong advocate of photographic arts that he created & Supervised the Egyptian International Competition (2013/2015) as well as the 2015 FUE Photography Competition "A Story Telling Photo "which not only showcased the works of FUE Students but every major university in Egypt.

Finally , The FUE Photography Team has been a good ambassador the FUE name by competing in major international competitions both in Egypt & abroad, those include "Ebdaa' AlSharka 2,3,4" organized by ministry of youth.

The aim of the club is to promote photographic interest within the university and provide a place for anyone with an interest in photography to meet and exchange ideas and share experiences. The club organizes various lectures, demonstrations, and competitions. It is our practice to welcome everyone with an interest in photography, regardless of their experience.

All Photographical Activities are under the supervision of Ashraf Talaat (FRPS, National Geographic) who conducts the workshop & supervises the Photography Team.

- The Photography Club main objectives are to:
- Provide meeting places for club activities and round table discussions.

- Present topics for inspiration, education, motivation, and the artistry of photography.
- Provide educational workshops.
- Promote photographic competitions.
- Promote the club and its members through the public display of photography.
- Provide an outlet for the expression of creativity and the sharing of skills and experiences.
- Provide photographic instruction and mentoring.
- Strive to have fun with photography

### **Arket Club**

The idea of this club to make workshop teach the students how to form wood according to the requested drawing shapes by following specific standards designed to remove them in beautiful art forms.

### **Magic Hands Club**

This club brings together students that love to create with their hands. This club explores the different methods and materials that can be used to create art as well as useable items. Students can learn the art of crafting, such as copper shaping, drawing on glass and stone, using a variety of natural and synthetic materials. The club also identifies special tools, suitable for each material.

### **Handcrafts Club**

This is the club for creative people and lovers of using simple and various non-expensive materials to make items by hand that are both decorative and useful.

Handicrafts are items that are constructed by hand using simple tools rather than mass production methods and equipment. While very similar to basic arts and crafts, there is one key difference with handicrafts. The items produced as a result of the efforts are designed for a specific function or use as well as being ornamental in nature. All types of handicrafts rely on

the vision and dexterity of the individual to produce the desired result rather than some type of production machinery.

Handcraft teaches patience, perseverance and concentration. Creating something by hand satisfies a sense of achievement, boosting self-confidence and improving hand dexterity. Intelligent creativity and handcraft are inclusive. It is also an opportunity for some fun and socializing.

The following are some of the most common forms of handicrafts:

- Knitting and Crocheting
- Beading and embroidery
- Origami
- Card making
- Papier-mâché
- Jewelry Design
- Sewing
- Calligraphy
- Collage
- Scrapbooking
- Glass Blowing
- Woodcrafts & Carpentry
- Metalcrafts

### **Caricature Club:**

The main objective of this Club is to discover and develop new talent.

And they also **participate** in organizing the artistic week held every term in the FUE Art Room.

Additionally, a number of students from the Artistic Section participated in the Second, 2015 and Third 2016 Borollos Fairs; their contributions included wall and boat drawings as well as teaching children how to draw. Apart from that, a number of other students regularly attended the art exhibitions such as Smart Art Gallery, Dayy Exhibition and Naas Exhibition by the Artist Abdel Wahhab Abdel Mohsen. Other occasions for participation included: The Orphans Day for the years starting with 2013 to 2016 as well as Mother's Day, held at Dar El-Safaa in 2015 and Dar Ahbaab Misr in 2016. On both occasions, children were taught drawing and coloring to participate in the artistic seminars held at FUE during 2014-2015.

### **The Cultural Section**

The Cultural Section is the gateway to Acting, Screenplay Writing, Choir and Music for students with such talents. The University provides training that is offered by professional directors as well as the facilities and space needed for practicing. The Cultural Section has six clubs, namely, Acting, Screenplay Writing, Music, Choir, Modern Dance and Cultural Publications. The main aim of the “Cultural Publications and Clubs” entity is to comprise several cultural clubs with each serving a particular cause. What follows is an overview of the different clubs:

**1. The Spots on Shots Club** aims to raise student awareness with the news on the Arab front as well as international news. It is believed that by educating and raising the political and cultural awareness of students will enable a positive participation in life. The Club issues a weekly one-page newsletter that summarizes the main events and is distributed to the students.

**2. How is Life Club?!** The main purpose is to act as a channel for the University events news such as seminar offerings, parties and activities. All the articles are collected and written by the students and published in a monthly newspaper that is distributed to the students.

**3. Omseyat Club** students to express themselves and develop the skills of those who like to read poems, but do not have the ability to write them, and to spread artistic awareness among students through:

- Publishing an annual poetry magazine that raises student pride by increasing their belief in their talent.
- Hosting famous poets to present their lives and experiences in the field of poetry.
- Trips to cultural centers, with a focus on poetry, such as Al-Sawy Cultural Wheel and the Cairo Opera House.

**4. Keep a Smile Club** main activity is publishing a magazine by the students that specializes in comedy and caricature with a comic review of events, which encourages students who enjoy a sense of humor to publish their writing.

## **5. Shakespeare Club**

The club aims to develop students’ writing and reading skills and to discover their talents through. Club activities include:

- holding competitions for novels or short stories.
- establishing a library for students' novels and stories.
- seminars with famous authors to discuss students' work and to encourage them to read the latest publications, thus opening avenues for the students to generate new ideas.

## **6. Girls ONLY Club**

A magazine prepared by and generated from the ideas of young women. The magazine presents a variety of issues such as make-up, cuisine and cooking, fashion and the challenges facing girls. This magazine reflects the needs and interests of young women.

## **7. Handasawy Wall Newspaper Club** is issued by of Faculty of Engineering and Technology

**8. Acting Club** services address those interested in acting and joining the University Theatre Team, to act in dramatic performances in the University events or to participate in competitions with other universities on the local or international level. Professional directors train the University's acting team members.

## **9. Music Club and FUE Choir**

The Club services address students who are talented musicians and singers that are music lovers who are interested in playing or singing solo or in joining the University band. Participants get to participate in University events and parties.

## **10. Drama Group**

The main objective is to showcase FUE students' talents in all categories of the English language stage productions. Moreover, the Group helps students realize their capabilities and utilize them for the Club's benefit. This, in turn, places FUE among the leading universities for stage productions.

## **11. Movie Lovers Group**

**The main** aim is to harness the students' creative energy in weekly a film screening of their choice by once every week. This group broadens the students' knowledge of film and everyone

is welcome. Discussions and reflections in an open, non-judgmental environment follow the film screening. Moreover, there is a different theme every month, along with we will have a organizing quizzes and events including the latest 'box office' international movies.

**12. Honesty Society aims at** spreading awareness of human rights issues, organizing student fundraising events, supporting current University campaigns and creating an active 'Good Manners Society' at FUE for future students.

**13. Debating Society** aims at organizing seminars given by public figures or professional speakers to discuss different issues that concern the students, improving students' organizational, leadership and negotiation skills and unearthing the talents that will increase their creativity to the benefit of the University and our community as well as representing our university in outside seminars, conferences and festivals.

## **Cultural Clubs**

### **Acting Club**

Have you ever dreamed of being an actor? Do you enjoy plays and stories with rich characters and theatrical plots? Or maybe you are more interested in writing and scripts. How about the technical aspect or stage design associated with the theatre. For those interested in acting and theatre, this club provides students with the opportunity to participate in a variety of stage performances of dramas and plays. Students can also compete against other universities at the local and international level.

"I regard the theatre as the greatest of all art forms, the most immediate way in which a human being can share with another the sense of what it is to be a human being".-Oscar Wilde

Student members participated in the annual cultural festival that was held in the Cairo Opera House in the following plays:

- "The Clown", directed by Mr. Mohamed Ragab in 2011
- "A Mid-Summer Nights Dream", directed by Mr Ahmed Galal in 2012
- "Romeo and Juliet", directed by Mr Khaled Galal in 2013

- “The Women’s Parliament”, directed by Mr Akram Moustafa in 2014
- “Hamlet the Million”, directed by Mr Khaled Galal in 2015
- “Snakes and Ladders”, directed by Mr Khaled Galal in 2016
- Participated in The National Festival of the Egyptian Theater with the “Hamlet the Million”, 2015 play
- Participated in the 2015 “Star Seasons University Theater” to support the youth of the University Theater
- Attended the cultural performances such as the 2015 “Teyatrau Misr”

### **Standup Comedy Club:**

Events they joined in:

- FUE’s GOT TALENT SHOW SEASON 1 YEAR 2014 & SEASON 2 YEAR 2015
- AUC TALENT SHOW YEAR 2016
- "Creativity Sharjah Season 2 year 2013/2014, "Ebdaa' AlSharka Season 3 year 2014/2015, "Ebdaa' AlSharka Season 4 year 2015/2016" organized by the Ministry of Youth and Sports

Events they organized:

- " ali kandil " stand-up comedy which was performed at FUE Theater on May 14, 2015

### **Modern Dance Club:**

This club was established in year 2012 to find the modern dancing talents among students and to build a modern dance team that presented different shows in the various events of the university.

Events they joined in:

- FUE’s GOT TALENT SHOW SEASON 1, YEAR 2014 & SEASON 2 YEAR 2015

- AUC TALENT SHOW YEAR 2016
- They participated in the annual cultural festival that was held in the Cairo Opera House in the following shows:
  - “The Other”, directed by Mr. Monadil Antar, in 2015
  - “ Dreams of a Recovering Invalid”, directed by Mr. Monadil Antar, in 2016

### **Music Lovers Club:**

The main aim of the Club is to discover talented musicians to develop their talents and to form bands that play in parties.

Events they joined in:

- FUE’s GOT TALENT SHOW SEASON 1, YEAR 2014 & SEASON 2, YEAR 2015
- "Ebdaa' AlSharka Season 2 year 2013/2014, "Ebdaa' AlSharka Season 3 year 2014/2015, "Ebdaa' AlSharka Season 4 year 2015/2016" organized by Ministry of Youth and Sports.
- The New Year Party 2013 /2014/2015
- The Halloween Party 2012/2013
- The band played and sang in the Kafr ElSheikh second Borollos Fair in 2015 as well as the third Borollos Fair in 2016 where drawing and painting on walls and boats were the main highlights of the event.

### **Tarab Band Club:**

The main aim of the Club is to establish a choir of Arab Singers to revive the genuine Tarab and participate in the University’s events and competitions.

They participated in the annual cultural festival that was held in the Cairo Opera House. Other occasions for annual participation included: The Orphans Day for the years starting with 2013 to 2016 as well as singing to elders on Mother’s Day, held at Dar El-Safaa in 2015 and Dar Ahbaab Misr in 2016.



**Jazz Club:**

The main aim of the Club is to form a band of Western singers that perform in University events and compete in competitions.

- FUE's GOT TALENT SHOW SEASON 1 YEAR 2014 & SEASON 2 YEAR 2015

They participated in the annual cultural festival that held in the opera with choir show.

**Shakespeare Club:**

This is the Club to belong if a student is into literature. Encompassing both reading events & writing workshops, the club's role is to mainly explore students' potential talent.

The Club produces an annual magazine: FUE COMIXAT which is a mix of comics and caricature.

**Omseyat Club:**

Omseyat (Arabic word for Celebratory Nights) is a club that's sole purpose is to allow a certain degree of freedom of expression.

Poetry Reciting allows for a unique style of expressing oneself.

Debates also take place in this club which allow for a healthy environment to allow students to speak their minds.

**Debate Club:**

The Debate Club organizes seminars by public figures and professional speakers to discuss different issues and current events of concern to students.

Students have the opportunity to enhance and practice their leadership, negotiating and

debating skills as well as discover ways to improve and serve the university community. Debate club student members will represent the university at seminars, conferences and festivals.

Note: Omseyat Club & Debate Club collaborate together and organize events

Events they organized with student life department:

- In 11/2011 A literary [seminar](#) for Author Mohamed El-Gheytiy
- In 2/2012 Poetic Seminar Presented by the Poet Gamal Bekheyti

Events they joined in:

- FUE GOT TALENT SHOW SEASON 1 YEAR 2014 & SEASON 2 YEAR 2015
- "Ebdaa' AlSharka season 2 year2013/2014, "Ebdaa' AlSharka season 3 year2014/2015, "Ebdaa' AlSharka season 4 year 2015/2016" organized by ministry of youth.
- They participated in the annual cultural festival that held in the opera in the following:
- In year 2012 under supervision of Gamal Bakhiat **Revival of Egyptian Heritage**
- **In 2014, Mr. Akram Mostafa directed by:**

**"A Poetry Evening Hosting/Featuring the Leading Poetics of Colloquial Arabic"**

Club members also participated in the Annual Festival of **Cairo Al-Moez Festival and Soor El-Azbakeya held on campus** with a poetry recital as well as the production of the annual **FUE COMIXAT**.

### **The Sports Section**

Sports are as important as the academic life and building a sound body is as important as building a sound mind. FUE Sports activities are here to highlight and support this belief.

Individual and team sports at FUE have the full support of the University and the various Athletics Clubs.

You don't have to be an athlete yourself to join the Athletic Clubs, it is enough to join if you love sports or you are a fan.

At the Athletic teams and Clubs we support all sports and our main objective is to support FUE athletes through their participation and to encourage support from their fellow students.

Includes both Individual and Team sports. Individual Sports comprise: Running, Boxing, Body Building, Gymnastics, Karate, Taekwondo, Speedball, Swimming, Athletics, Table-Tennis, Fencing, Chess and PlayStation; Team Sports include Relay, Futsal, Football, Volleyball, Basketball and Handball. It is worth noting that FUE sports teams actively participate in all the sports tournaments and championships such are the Universities Championship, the Regional Championship, the Arab Championship and El-Refaai Championship. FUE sports players fare well in these championships and the winning teams or individuals recognized and merited when they win. Examples of the performance of FUE sports teams and players is:

- The 2014-2015 Arab Championship held in Qena: FUE came First position in Fencing (Girls)
- The 2015-2016 Arab Championship held in Qena: FUE came Third position in Fencing (Girls)
- The Universities Championship in Swimming, FUE came Third (BOYS) and in Taekwondo (BOYS) FUE came Second position
- The Regional Championship, FUE Beach Volley team (Girls) came Third
- FUE Championships, FUE came First for three successive years (2013- 2014) in Bench Press and Body-Building and came First for two year (2015-2016) in Fitness and Physique.
- The Egyptian Universities Championship, FUE came Seventh position.
- The Regional Championship, FUE boxers came First for three years running (2013-2015).

- **Sports Activities Agenda:**

- To be as per submitted by sports section or Club members for review and acceptance each academic year as follows:
- Organize a sports day for the reception of new students and the establishment of a meeting between the new and old students in all the games available at the university.

- Organize refresher courses during the month of Ramadan:  
(Table Tennis - Chess - Billiards - speed ball - football).
- Training a group of students to make a presentation Karate at the earliest appropriate party.
- Subscribe to Ramadan sessions organized by the Sports Federation of the universities.
- Organization of the university tournaments in different games to choose the university teams to participate in the meetings of Foreign Affairs:
  - Table tennis tournament
  - Billiards Championship
  - speedball Championship
  - Championship football
  - Volleyball Championship
  - Chess Championship
- Formation of the university teams for each game to represent the university in the meetings beyond the Games (Table Tennis - Chess - Billiards - ball speed - five football - basketball - volleyball).
- Organizing meetings with some external bodies (universities - Clubs - Schools).
- organizing a football tournament with the participation of some of the five universities and schools around the
- Invite some universities to set up meetings with sports teams on the courts of the University League

### **FUE Chess Team**

- To encourage students talented in the game of chess in to develop their skills.
- To encourage students to fill their leisure time with useful games.
- To encourage students' intelligence and leadership skills.
- To form teams from different faculties of the University.

All levels of ability are welcome.

***The FUE Chess team will blow your mind!***

### **Cycling Team**

To encourage as many students as possible to join in this great activity

- Developing the spirit of sport amongst the students.
- Encouraging students to fill their leisure time.
- Strengthening and developing physical fitness amongst students.

### **FUE YOGA CLUB**

Yoga is a science that originated in the East and is widely practiced in the west. Techniques can include physical postures, breathing practices, meditation and deep relaxation.

Regular practice helps to reduce stress and tension and promotes greater health and vitality.

It works on the endocrine, digestive and nervous systems, blood circulation, muscles, joints and internal organs.

### **Rules and Regulations**

We practice Yoga in bare feet.

Please wear comfortable clothing, and make sure not eat for two hours prior to class.

Yoga mats and blocks are provided.

### **FUE Sports Fan League**

- Establishing the FUE Fan League from University students to accompany sports teams and cheer them on during matches outside campus.
- Raising the spirits of University teams with their backing and keeping the FUE name above other universities.
- Establishing the spirit of brotherhood between students in the Fans League and the sports teams.

- Raising the sense of unity with both students and the sports teams wearing the same uniforms etc. to further boost the University image.

### **FUE Referees Club**

- Electing distinguished players to act as referees in internal University tournaments in a variety of sports.
- Giving lectures to the elected referees on the history of their game and the governing international laws, regulations and amateur rules.
- Raising spirit of fair play through fair judging of games.

### **FUE SPEEDBALL TEAM**

- To encourage as many students as possible to take part in this activity.
- Develop a competitive spirit among students.
- Encourage students to fill their leisure time.
- Strengthen and develop students' physical fitness.

### **Boxing**

Also known as the Noble Arts Sport or the Sport of Kings. Boxing matches comprise of two boxes of similar weight playing against one another. The match includes "rounds" that last from one to three minutes. According to Olympic and professional standards, the boxers, i.e. fighters, objectives are to avoid the opponent's punches while trying to punch him in the legal areas of the body, namely, above the waist; blows to the head and torso are considered the most valuable. Points are awarded for clean solid blows in the legal area on the opponent's body. The boxer with the most points after the specified number of rounds is announced the winner. Victory of one of the boxers can be achieved if one of the fighters fell to the ground and was unable to stand up again before the referee counted to ten. If that were to happen, the

punch is considered a Knockout, another scenario is the Technical Knockout when the referee stops the boxing match to declare a winner. This could be due to severe injury of one or both boxers.

### **FUE Referees Club**

The main aim of the Club is to:

- Select exceptional players in the different sports to become referees for the local sport s/he excels in.
- To lecture the referees on of every sport presenting a historical bird's eye view of the game; it's international as well as amateur rules.
- To develop a spirit of fraternity and interdependence among student referees and their university colleagues
- The development of the spirit of justice among students through fair arbitration between colleagues

Having reached 80 boxers, the FUE Boxing team has become one of the strongest and leading teams of both private and public universities. The Team ranked First Position in the Regional Championships of 2012 and the Third Position in the Egyptian Republic University Championship held in the Stadium of Alexandria; the Team maintained its leading position throughout the years from 2013 to 2015.

### **Bodybuilding**

Bodybuilding started in the late nineteenth century and early of the twentieth century.

Bodybuilding focuses on amplifying the enlargement and visibility of muscles. Muscles of bodybuilding competitors are compared and the competition includes a process in which bodybuilders competing against one another in front of seven judges who score the competitors body with respect to density, specification, clarity and color of skin. The competitor who gains the least points is the winner of the competition.

### **Physique**

Whereas, Physique is derived from Bodybuilding, there are differences between both sports. Physique focuses on the shape of the muscle, the method of display, the scoring system as well as the practice sessions and nutrition. Following a strict diet is pertinent to the Sport since nutrition plays an integral role in the shaping and look of muscles.

### **PowerLifting**

**Powerlifting** is one of the weightlifting sport types. Powerlifting is a strength sport that consists of three attempts at maximal weight on three lifts: squat, bench press, and deadlift. As in the sport of Olympic weightlifting, it involves lifting weights in three attempts. Powerlifting evolved from a sport known as "odd lifts", which followed the same three-attempt format but used a wider variety of events that rely on strength of competitors.

### **FUE Sports Club**

The purpose of the Club is to help the Sports Section in:

- Selecting players from the pool of University students
- Filling-in the Application Forms for the new players
- Orienting the new and returning students to the various sports activities and how to become a member in a sport's team.
- Coordinating between the students' academic responsibilities and sports' activities to assign appropriate timeframe for sports that do not conflict with the academic commitments.

### **FUE's Fan Association 2015-2016**

- Establishing an Association for FUE Fans to accompany the University's sports teams and cheer them when playing off-campus against other teams.
- Creating a sense of affiliation through cheering the sports teams
- Developing a spirit of fraternity and interdependence among the students of the Fan Association and their University Colleagues.



- Developing an organizational spirit that reflects the students' commitment to maintain a unified professional look of both the fans and the University students.

## **Social Section**

Through its Clubs, the Section aims at integrating students with the larger societal environment. These Clubs encourage active involvement in community services and raise students' awareness of the society. The ultimate purpose of these activities is to help in developing individuals' awareness and interest in being socially aware and active shouldering social responsibilities. The different clubs participate in events such as charities as well as other services that provide a helping hand to those less fortunate.

### **a. The Social Activities and Club include:**

- Charity work
- Environmental Awareness
- Community service
- Trips
- Festivals
- Seminars

FUE Community Service Club just returned from Lake Borollos, which is a good example of the social services FUE students carry out. Highlights of the Student Activities in the Borollos Fair:

- Student members of the Artistic Section participated with the Egyptian and international artists in drawing and painting on the walls, boats and faces; moreover, they also taught the children of Lake Borollos the use pencil colors in their drawings.
- Student members of the Cultural Section participated in the event by playing music and singing to the children of Lake Borollos.
- Student members of the Social Service Section participated the distribution of blankets to the people of Lake Borollos, clothes, toy and schoolbags for the children of the Borollos village.
- Student members of the Sports Section organized football, volleyball matches as well as Tele-matches and a cycling race.

- Social services were also offered to the people in the form of sending an oral medicine and dentistry caravan to provide free dental care. Moreover, an awareness campaign was held during which toothbrushes and toothpastes were distributed.

Include Sample of SLD Annual Calendar

However, having said that it is important to note that different events involve the coupling of both SU and SLD.