

ANNUAL REPORT 2008-9



HEALTH



CULTURE



EDUCATION



PEACE

Awaz Welfare Trust International
Skardu Baltistan
www.awaztrust.org



Chairman's Message

There is nothing in life without health. Health is destroyed due to several misconceptions, habits and stress of day-to-day life. Good health is necessary for all most all-human endeavors. Without even a mild -level healthy state, one can't do physical, mental, intellectual and social tasks with some degree of excellence. Health, therefore, is the foundation of all happiness.

Awaz Welfare Trust International is determined and dedicated to provide the masses with better access to health and happiness for social peace, prosperity and harmony.

Awaz Ambulance and Rescue Team has done excellent services last year to overcome accidents for minimum lost of life and property of the people. More than hundred patients were shifted to Skardu and Gilgit while several fatal accidents smartly handled at KKH-Gilgit Skardu Road. Medical Camps arranged and thousand patients including children and women were provided medicine free of cost.

AWAZ WELFARE TRUST INTERNATIONAL has stood not only as a premier health institution but also as the institution friendly and sensitive towards environment and ecology, agriculture, education for poor and destitute children and serving people in the time of natural calamity like flood, cyclone, etc.

We are highly grateful to our friends those who have supported us generously in this noble endeavor. We sincerely thank all if them who rendered material and moral support in working towards social well being and rendering service to mankind. Once again we appeal you all to extend your wholehearted support for the multifaceted effort and varied commitments to the cause of downtrodden masses that AWAZ taken up as the cream objective of its own existence.

Thank You All

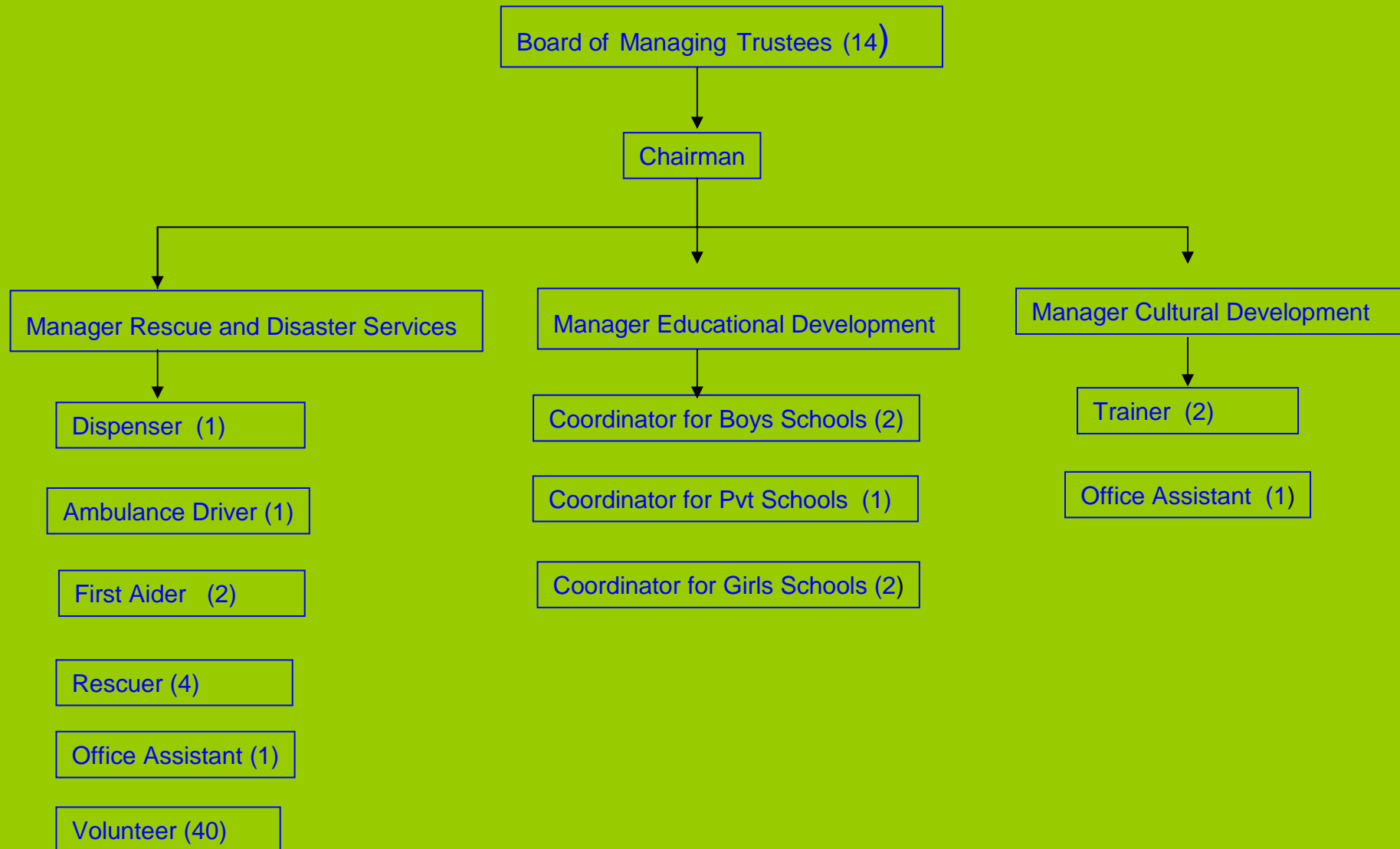
Khursheed Hussain Alamgir

Chairman Awaz Welfare Trust International

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AWAZ ORGANOGRAM



AWAZ WELFARE TRUST INTERNATIONAL

Vision: There is one thing common in all religion to serve the humanity.

Mission: We always is to inspire, encourage and initiate at all times all forms of humanitarian activities so that human suffering can be minimized and even prevented and thus contribute to creating more congenial climate for peace.

INTRODUCTION

- Awaz Welfare Trust International (shortly called AWAZ) is a non-governmental and non profit social and welfare institution based in Gilgit Baltistan.
- The Board of Managing Trustees (BMT) leads the organization and performs the governance functions. All of the Trustees belong to the project area and highly qualified in their respective fields. BMT holds regular meetings to oversee the organizational activities. The office and field staff is delegated all administrative and financial powers but the BMT oversees their functions through periodical visits and a close contact with all the stake holders /beneficiaries.
- AWAZ has commenced her social activities from such area which is the most backward area of Gilgit Baltistan. This most back and rural area is called Rondu Valley.

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Area of Activities



AWAZ Rescue Centre



KKH-Gilgit Skardu Road

- **RONDU VALLEY**

- Rondou valley is a tough locality consisting of fifty thousand populations, which is located between Skardu and Gilgit. Gilgit Skardu Road had been constructed by cutting of the chest of this valley. This valley is situated at the both banks of Indus River and below the highest mountain ranges of the world Karakoram and the Himalayas. Thowar, Stak, Tormik,, Ganji, Mandi. Harpoh, Talo and Bagardo are the density populated towns of Rondou.

- **HEALTH**

- The present position of general health is very un-satisfactory. Only one hospital which includes 10 beds is insufficient for the population of fifty thousand, whereas the patients have to face the irreparable circumstance due to the non availability of

- medicines and medical facilities at dispensaries.

- **AWAZ AMBULANCE AND RESCUE SERVICES**

- The road which connects the Gilgit with Skardu is called the Shahrah-e-Skardu. Its length is about 230 kilometers. This road is includes in the dangerous land paths of the world. Thousands of passengers are traveling through this road and hundred of Vehicles are running day and night on this road, thousands of tourists from abroad and country are traveled through this road with the purpose of tourism.
- Time to time, accidents are occurred on this road, but there is not worked had been carried out for the rescue of the travelers. Hundred of peoples have lost their lives in various accidents, due to non--availability of ambulance, first aid and rescue facilities. (Note: Accidents record for 2003-2008 is attached.)
- AWAZ has started ambulance and Rescue services on 31 July 2008. This ambulance service is performing its duties day and night for the safety of the victims of the accidents, to dispatch them to the medical centers.
- AWAZ Ambulance and its volunteers have rescued several accidents within last one year.

MOBIL DISPENSARY.

- Clinic and dispensary facilities are not available at various villages. Due to the non-availability of medical facilities, mostly minors, children and ladies becomes victim of death, keeping in view this fact, AWAZ has started the Mobile Dispensary in August, 2008 which is working day and night to save the lives of poor and suffering peoples of the different villages.

EDUCATIONAL

- Rondou valley is very backward area as compared to other valleys of Baltistan with reference to education. Only one Boys High School and one Girls High School is existed in the population of fifty thousand. The literacy rate is 15% while the female literacy rate is 2%. AWAZ is planning to develop model schools at all biggest towns of Rondou Valley. Shortly, keeping in view the accommodation problems of the male and female students who are gaining education in Karachi, the establishment of hostel for male and female students is existed very shortly so the male and female students pay fully concentration on their studies

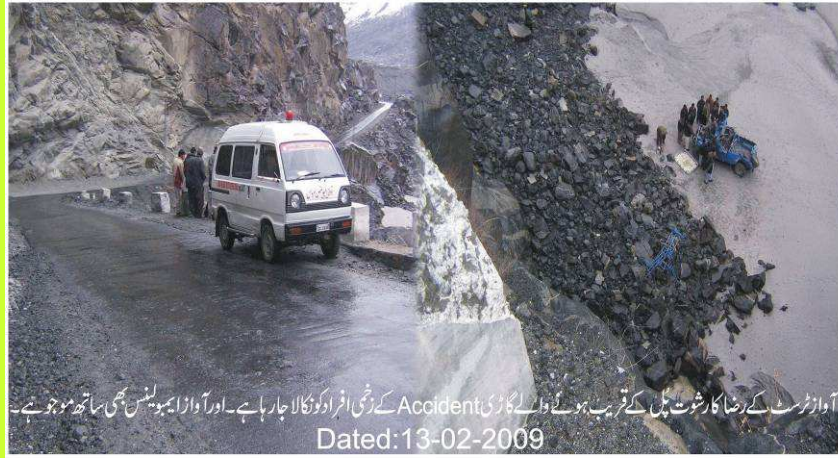


The prominent social activist Babu Kefayat Hussain is cutting the inauguration tape of Awaz Ambulance Service. 31 July 2009



ACCIDENTS AND RESCUE

AWAZ WELFARE TRUST INTERNATIONAL



Awaz Rescue team is rescuing an accident .The Jeep got accident near Shout Bridge at Gilgit Skardu Road on 13 February 2009.



A Truck occurred accident at Skoyo Pari Gilgit Skardu Road. The driver got narrow escaped. AWAZ Ambulance at the spot to rescue the accident.

Accidents and Rescue



Accident 29 May 2009 at Skoyo Bridge Rondu



Accident on 22 May 2009, Mr. Hyder got accident when he was going to school on his motor byke.



Medical Aid and Camps

AWAZ organized 2 medical camps with the support of doctors and medical Organizations on 2-3 February at Talu and Tereko Rondu . About 500 patients benefited through these camps. .



{On 2-3 February 2009, AWAZ organized a medical camp at Union Council Talu Rondu, Baltistan. This was the first health team that reached the area after the heavy snow falling and provided medical treatment to 5,00 patients}



Awaz Relief Camp

The snow affected population of Tereko Rondu is get together near Awaz Ambulance to get Relief Package and medicines at the refugee camp.

- Volunteers



Awaz Volunteers are alert to humanistic services.



15 Febrauary 2009, Awaz Volentees are distributing household goods among the snow affected peoples at Skardu-Gilgit Road.

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Awaz Cultural Development Centre (ACDC)

- Traditionally the inhabitants of Gilgit Baltistan used wool to make clothes, bedding etc. The hair of goat, Zou, Yak and sheep are used for rugs and blanket making. With the passage of time and due to influx of other commodities from down country people given up their traditional and indigenous produces and inclined to stay with imported things.
- The economic condition of weavers is very poor that have low social status and their skill lack professionalism. Weaving is considered to be a part time job during winter when other farm activities are finished. Most of the produces are used for domestic purchase produced on ancient looms.
- Both genders involve in the process of weaving. Men shear wool, women beat and prepare threads and the men weave. There is an almost quality in the weaving trade.
- Awaz Cultural Development Centre (ACDC) has established to restore various traditional woollen products by giving training to male and female artisans in fabric spinning, weaving, dyeing and felting



Peace Building in Youth

AWAZ organized Foot Ball Tournament among the youth of different villages on 10-15 December 2008.

At the end of the Tournament “Trophies” were presented to winner teams and Cash Prizes distributed among the players .



Human Rights Activities



AWAZ observed 1st May 2009 as “Day of Awareness” to raise voice for the right of labours in the region on the call of United Nation Global Compact. AWAZ is a member of United Nation Global Compact

FUTURE VISSION

- A) SCHOOL BASED PROGRAMMES
- B) COMMUNITY BASED PROGRAMMES
- C) DISASTER RELIEF PROGRAMMES
- A) **SCHOOL BASED PROGRAMMES**

i) SCHOOL HEALTH CHECK-UP

School Health Check-up project will be initiated at Govt and Private Schools in Rondu Valley.

School Health Center

Rural Girls School Health Center Project

Health Check up of Slum Children and their families

Health Check-ups for special children

School Health Check-up Project

Highly systematic, organised and well co-ordinated Health care programme

Qualified and experienced staff. Lady doctors and all lady staff for girls school.

Use of latest and innovative methods for health check-ups.

Computerized storage, monitoring and analysis of health data with regular updates.

Health education and awareness programmes like health talks, health quizzes, debates and declamations. Health education material also provided with the health check-up report to every student.

A consolidated school health annual report with detailed health analysis along with illustration and graphics will be submitted to the school at the end of the year.

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ii) SCHOOL AIDS EDUCATION PROGRAMME

School AIDS Awareness Programme will be started Keeping in view the Baltistan social context and culture, the curriculum aims :

- **To increase knowledge on adolescence, HIV/AIDS/STD's.**
- **To develop skills on self-assertiveness.**
- **To develop positive attitude towards sexuality and those living with HIV/AIDS.**

iii) NUTRITIONAL COUNSELLING

- **The objectives of these sessions will be:**
- **To increase knowledge of healthy eating habits amongst school children To help children learn skills (not just facts).**
- **To give students repeated chances to practice healthy eating, which in turn would help young people grow, develop, and do well in school.**
- **Prevent childhood and adolescent health problems such as obesity, eating disorders, dental caries, and iron deficiency anemia.**
- **May help prevent health problems later in life, including heart disease, cancer, and stroke.**

AWAZ WELFARE TRUST INTERNATIONAL



School Boys are traveling on the roof of Vehicle .

iv) PERSONAL HYGIENE PROGRAMME

In its effort to help children across the country through the problem of lice, AWAZ committed to safeguarding the health of school children.

- Thus, AWAZ will conduct hygiene and lice checks in every school in Baltistan so as to ensure that every girl child in Baltistan is declared free of lice.
- During hygiene check-up, the following things are inspected for:
 - i) Hair Hygiene
 - ii) Dental Hygiene
 - iii) Nail Hygiene
 - iv) Ear Hygiene.
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v) HEALTH & ENVIRONMENT AWARENESS SESSION

These sessions will be to spread awareness on the effect of pollution on health of school going children.

Specific objectives of the project:

To create awareness among the school children about the importance, methods and benefits of conserving petroleum products and effect of pollution on health.

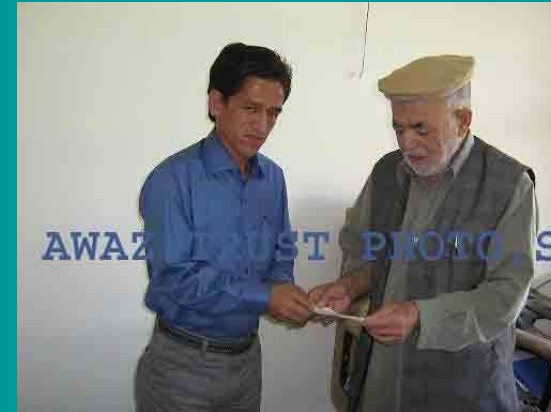
To train the young generation of this country and to motivate them to remain disease free and especially respiratory, eye and other problems caused due to pollution.

vi) FIRST AID TRAINING PROGRAMME

First aid is the emergency care given to sick or injured people providing temporary assistance or treatment until medical help is available

B) COMMUNITY BASED PROGRAMMES

- i) FAMILY HEALTH AWARENESS CAMPAIGN
- ii) FREE HEALTH CHECK-UP CAMPS
- iii) HEALTH CHECK-UPS FOR SPECIAL CHILDREN
- iv) HEALTH CHECK UP OF SLUM CHILDREN AND THEIR FAMILIES
- v) BLOOD DONATION CAMP



Chairman AWAZ is receiving Check from Babu Kefayat Hussain.Skardu



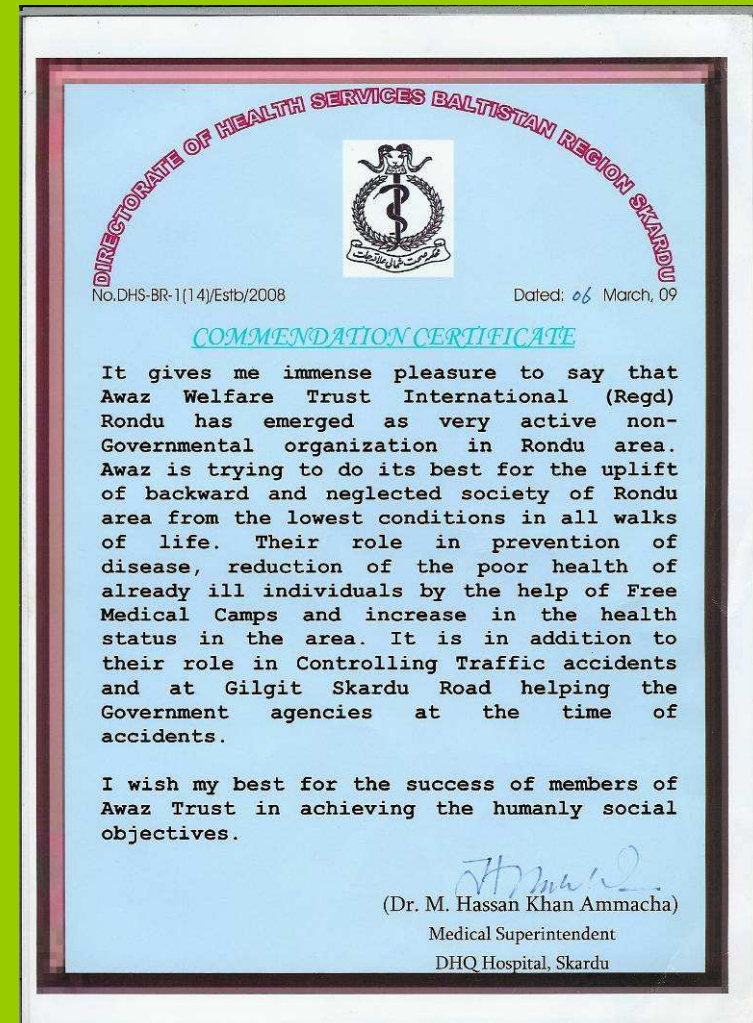
President AWAZ Manzoor Hussain Dondo is addressing to the community members.

CERTIFICATION

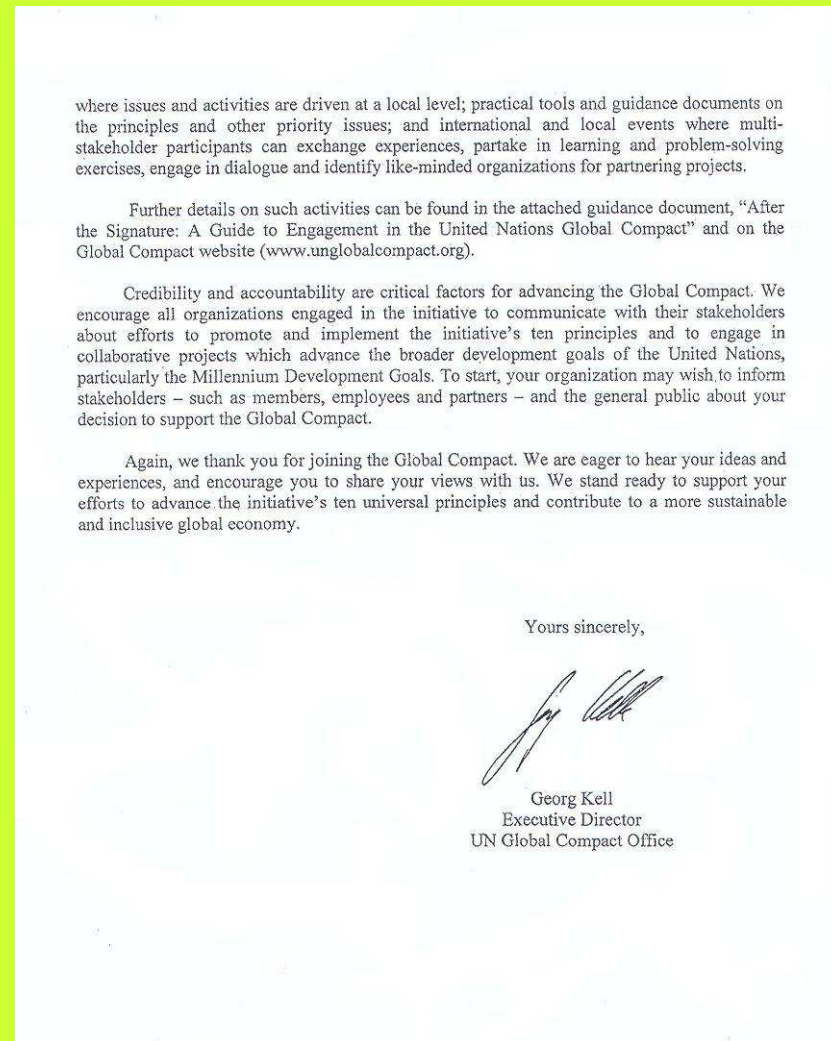
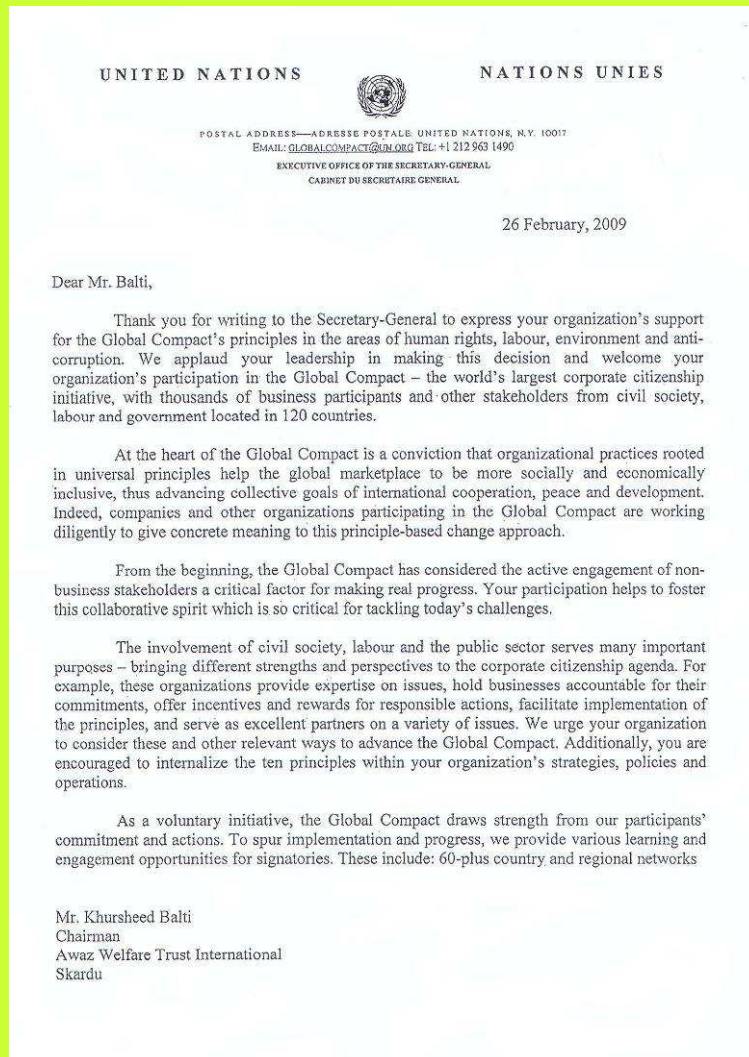


Chairman AWAZ Mr. Khursheed Hussain is receiving Performance Certificate from Director Health Skardu.

AWAZ WELFARE TRUST INTERNATIONAL



United Nations Global Compact



The letter of appreciation from Executive Director United Nations Global Compact to Awaz Welfare Trust International of her humanistic services in Gilgit Baltistan.

AWAZ NEWS CLIPS



AWAZ MOTO

- To arrange ambulance services for patients and funeral for un-inherited dead bodies.
- To arrange health, education, law and necessities requirements to the people without discrimination of caste, sect and religion.
- To assist the helpless persons, widows, orphans and needful individual financially.
- To relief activities for natural calamities hit areas and providing shelter to the destitute and exploited people.
- To provide free education facilities including books and uniforms, to the poor, orphans, worthy and deserving students.
- Cultivating a spirit and a will to live with esteem amongst poor people.
- To arrange holding social, cultural and educational functions, debates, workshops, seminars and conferences etc, for improvement of professional abilities promoting the cause of education .
- The trust shall be non-commercial, non-political, non-sectarians and non- religious.

JOIN AWAZ TO SERVE THE HUMINITY



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